



Martial Arts

Activity	When	Where	Cost	Contact
Judo	Wednesday 6.30- 7.30pm	The Campus, Highlands Lane, Weston- super-Mare, BS24 7DX		The Campus 01934 427 427 campus@n-somerset.gov.uk www.the-campus.org.uk
Doryoku Ryu Karate Jutsu	Thursday 5- 8.15pm	The Campus, Highlands Lane, Weston- super-Mare, BS24 7DX		The Campus 01934 427 427 campus@n-somerset.gov.uk www.the-campus.org.uk
Karate Traditional Wado Ryu karate in a family friendly club aiming to improve self-confidence and improve fitness levels. 5 years +	Wed-Tickenham Hall BS21 6RX, 7-8pm Friday- All Saints Church BS21 6AU, 7-8pm		First one free after £4.50 under 16, 16+ £5.00	Kevin Barrett 07780 664457 kevin@clevedonkarate.co.uk www.clevedonkarate.co.uk
Karate – Weston- super-Mare Warm up and strengthening exercises followed by basic karate techniques, kata forms, sparring and self- defence. 5 years + First session is free to try out but as this is a martial art, after a couple of sessions a licence must be obtained to continue training.	Wednesday; 6:30pm	Oldmixon Primary School, Monkton Avenue, Weston-super- Mare, BS24 9DA	£4	Wendy White 07979 328327 oldmixonkarate@btinternet.com



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<p>Karate – Yatton Martial arts tuition including skills development and fitness benefits. 5 years +</p>	Monday and Thursday 7:30pm to 8:30pm	Yatton VC Infants School. High Street, Yatton, North Somerset, BS49 4HJ	£4.50 (juniors), £5.00 (seniors)	Paul Green 07720 324594 paulgreen6985@googlemail.com
<p>Martial Arts – Clevedon Hapkido is a Korean joint-locking martial art focusing on locks, throws and effective self-defence. 18+</p>	Thursdays 8:00-9:30pm	Kenn Road Methodist Church, Kenn Road Clevedon, North Somerset, BS21 6LH	£3.50	Jim Richards 01275 871623 info@clevedonhapkido.co.uk https://www.clevedonhapkido.co.uk
<p>Martial Arts – Clevedon Traditional Korean Karate focusing on punching, kicking, self-defence, and forms. 6+</p>	Mondays 7:30pm - 9:00pm	Yeo Moor Primary School, Kennaway Road, Clevedon, North Somerset, BS21 6JL	£3	Jim Richards 01275 871623 info@clevedontangsoodo.co.uk https://www.clevedontangsoodo.co.uk/
<p>Martial Arts – Weston-super-Mare It's a great way to increase cardiovascular fitness, strength and flexibility while learning a new skill and meeting new people. 4 years+</p> <p>New members are entitled to a free first session to see if they like it. They then sign up as members after this. If undecided they can have a second free session.</p>	Tuesdays 6-8pm; Wednesdays 6-7pm; Thursdays 6-8pm; Saturdays 11-1pm. Please note: different class times depending on age.	Haywood Airfield Leisure Enterprise, Whitney Crescent, Weston-super-Mare, BS24 8ES	£6.50	Alison Rogers 07765 830020 Enquiries@kuksoolwonofwestonsupermare.co.uk www.kuksoolwonofwestonsupermare.co.uk



Activity	When	Where	Cost	Contact
Rising Sun Aikido	Monday 7-9pm; Friday 7-9pm; Saturday 9.30-1pm	The Campus, Highlands Lane, Weston-super-Mare, BS24 7DX		The Campus 01934 427 427 campus@n-somerset.gov.uk www.the-campus.org.uk