

Who can be referred?

Young people who are at risk of offending/anti-social behaviour due to a variety of risk factors that can include problems at school/home, negative peer group or struggling with their emotions.

Why would I want a mentor?

- I'm struggling with my education
- I'm having problems at home
- Someone to listen to me
- Support to take up a new hobby/activity
- To help me stay out of trouble
- To help build my confidence
- To help me understand and manage my emotions



What do mentors do?

- They listen to you and offer positive support
- They meet you regularly.
- They support you for one year

- Help you to work towards goals which you want to achieve

How do mentors do this?

When you have thought about what you want to achieve the Mentoring Coordinator will meet with you both and help plan out what you want to achieve and how you and your mentor are going to do this.

You will review your goals regularly and feedback on how things are going. Before the end of your relationship you plan an activity to celebrate what you have achieved during your time together.

What if I don't like my mentor or after I start the project things change?

Project staff go to great lengths to get you the best match possible. You get to meet the mentor first to see what you think.

If you agree to the match you then get one month to try it out. If you feel that it is not working as well as you'd expected, that's ok - you can ask for another mentor or leave the project. We understand that mentoring isn't for everyone.

What Happens next?

- Speak to your parent, carer, school or social worker
- Complete a referral form if you are interested
- You tell us about what you like so that we can find the right mentor for you
- Meet a possible mentor
- You will need to agree to the mentoring rules
- Meet your mentor regularly for one year

Junction 21 Mentoring Project

Who to contact if you have questions:

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