

What is a J21 Mentor?

Managed by North Somerset Youth Offending and Prevention Service, Junction 21 delivers a range of youth services including mentoring. Volunteer mentors and independent visitors are provided for young people who are vulnerable due to a variety of factors. These could include having been placed in Local Authority Care, being at risk of offending/anti-social behaviour, poor educational attainment or identified as a member of a High Impact Family (HIF).

Why do young people want a mentor?

Young people want a mentor to help them with a range of factors, including:

- Struggling with education
- Having problems at home
- Someone to listen to them
- Wanting support to take up a new hobby/activity
- To help them with positive decisions
- To help build confidence
- To help understand and manage their emotions
- Having a consistent and positive role model



What do mentors do?

- They listen and offer support
- Help their mentee identify goals and targets
- They meet their allocated young person regularly.
- They provide support for one year
- Help their mentee to work towards goals and aspirations

How do mentors do this?

With the help of the Mentoring Coordinator, a plan is made with the mentor and mentee to decide goals and agree how these can be achieved with mentor's support. These goals are reviewed regularly and feedback gained. Before the end of the relationship an activity is planned with the mentee to celebrate what has been achieved.

What can a mentor expect?

- 24 hours of training (8 units of 3 hours).
- NOCN Level 2 in mentoring skills qualification
- Monthly group supervision
- 2 Group social events per year
- Ongoing training opportunities
- All reasonable expenditure is covered
- Further volunteering opportunities
- The opportunity to make a significant contribution to a young person's life

What Happens next?

- You will need to be over 21 years old, have no criminal offences in the past 5 years and be free of any substance use issues for 5 years
- Complete an application form if you are still interested
- You are then invited to an assessment centre where the trainees for the next course are selected
- You will be required to Complete a DBS Form and provide 2 References
- You will need to pass the mentoring training course to become a mentor

Who to contact if you have questions:

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Becoming a Mentor

