North Somerset

The fun starts here

See page 7

The BIG SUMMER GIVEAWAY

North Somerset Council
Home-made cakes and fresh coffees
Breakfast and lunches

Locally sourced produce
Daily specials board

Family events and evening entertainment

Follow us on TheBayTropicana TheBayWeston

Tropicana, Marine Parade, Weston-super-Mare
www.thebayweston.co.uk | info@thebayweston.co.uk
01934 427 300
Dear reader,

Welcome to the special summer edition of North Somerset Life. There are details of hundreds of events and places to go throughout the summer. Take a few minutes to read what’s on, as there really will be something for everyone. All we need now is some sunshine.

Thank you to all the town and parish councils and individuals who contacted us about their views on a Combined Authority and Metro Mayor. There were some strongly held views, with an overwhelming majority rejecting the idea for a range of reasons. These included not wanting another level of government; condemning the loss of local accountability; some with memories of Avon, fearing the likelihood of being dominated by Bristol; and that at a time of continuing cutbacks, how is another level of government control the answer? At our council debate, councillors from all political parties responded to residents’ views and voted by 39 to six to reject the government’s offer and instead to instruct senior officers and myself to work with partners to look at alternatives. I am absolutely confident in the future and further success of North Somerset. Redevelopment continues from both the private sector and many millions in investment from government agencies.

Delighted at the report on page 38, but suspect many of you will not agree, that our increased investment in roads is making a real difference. The Department for Transport report says that North Somerset roads are far better than the national average. It is not much comfort knowing that other areas have worse roads but at least we are starting to make an improvement. We will never get every road done and we do have to do some of the smaller roads, so apologies if you are still waiting but we are getting there.

By the time the magazine comes out, we will know the result of the European referendum. Whatever the outcome, I was unimpressed with the level of debate from experts, which often descended into shouting abuse, conjecture and misinformation. A simple choice was made confusing to many by wild claims put forward as fact. On such an important issue, there will be strong views put forcefully but I have never found that people understand more the louder you shout. This is then made worse by a diminishing press who often do not understand the argument and report the behaviour of individuals not the important message.

Looking forward to the Olympics and attending many local events. I hope you have an enjoyable and sunny summer. Very best wishes.

Councillor Nigel Ashton, Leader of North Somerset Council
Take time out in North Somerset this summer

Whether you want to delve into history and heritage or discover fun attractions on your doorstep, take a look at what is on offer here in North Somerset to keep all the family entertained during the school summer holidays.

1. **Off shore**
   - Westward Ho!
     - Boat trips.
     - www.mwmarine.org
   - Steep Holm
     - www.steepholm.org.uk

2. **Weston-super-Mare**
   - Blakehay Theatre
     - www.blakehaytheatre.co.uk
   - Grand Pier
     - www.grandpier.co.uk
   - SeaQuarium
     - www.seaquarium.co.uk
   - Pirate Adventureland
     - www.pirateadventureland.com

3. Playhouse Theatre
   - www.theplayhouse.co.uk

4. Weston Water Adventure Play Park
   - www.wsm-tc.gov.uk/parks

5. Weston-super-Mare Museum
   - www.weston-super-mare-museum.org.uk

6. Helicopter Museum
   - www.helicoptermuseum.co.uk

7. Court Farm Country Park
   - www.courtfarmcountrypark.co.uk

8. Puxton Park
   - www.puxton.co.uk

9. Strawberry Line
   - www.strawberrylinecafe.co.uk
   - www.strawberryline.org.uk

10. Mendip Snowsports Centre
    - www.mendipsnowsport.co.uk

---

Whether you want to delve into history and heritage or discover fun attractions on your doorstep, take a look at what is on offer here in North Somerset to keep all the family entertained during the school summer holidays.
North Somerset Butterfly House
www.nsbutterflyhouse.com

Goblin Coombe
www.goblincombe.org.uk

Barley Wood Walled Garden
www.walledgarden.co.uk

Blagdon Visitor Centre
www.bristolwater.co.uk/leisure

Burrington Combe
www.walkscene.co.uk/description_13

Ashton Court
www.bristol.gov.uk/ashtoncourtestate

Clifton Suspension Bridge Visitor Centre
www.cliftonbridge.org.uk

Leigh Woods
www.1sw.org.uk/experience/trail-hubs/ashton-court-leigh-woods/

Tyntesfield Estate (NT)
www.nationaltrust.org.uk/tyntesfield

Noah’s Ark Zoo Farm
www.noahsarkzoofarm.co.uk

Oakham Treasures
www.oakhamtreasures.co.uk

Portishead Quays Marina and Arts Trail
www.publicartportishead.co.uk
www.quaymarinas.com

Portishead Open Air Pool
www.portisheadopenairpool.org.uk

Clevedon Court (NT)
www.nationaltrust.org.uk/clevedon-court

Clevedon Craft Centre
www.clevedoncraftcentre.co.uk

Clevedon Pier
www.clevedonpier.co.uk
Residents in North Somerset will have the chance to influence the future of children’s centres and libraries as part of a new consultation.

Consultation on the Community Access Review will take place during July, August and September.

This review is looking at buildings and services run by North Somerset Council, with particular focus on its 14 children’s centres and 12 libraries.

It aims to make sure the buildings and services are fit for purpose, in the right place, cost effective, equipped to deal with new technology, and can meet the current and future needs of residents.

Residents are now being asked what they think of the proposals, what choices they believe to be the best, and if they have any other options.

The first areas being looked at are:
- Yatton
- Congresbury
- Winscombe
- Worle
- Long Ashton
- Pill
- Bournville and Oldmixon

This is a three-year project so consultation about other areas which may see changes will be launched next year.

People can give feedback online, at public and local organisations’ meetings, as well as writing in.

To find out more about the options and give feedback, visit www.n-somerset.gov.uk/car, email careview@n-somerset.gov.uk or call Council Connect: 01934 888 802

Details of public meetings for each area will be published in August.

Learning disability charity needs volunteers

A charity which helps empower people with learning disabilities to take control of their lives is looking for more volunteers.

North Somerset People First supports adults with a learning disability who live, work or attend college or day services in North Somerset to encourage them to speak up for themselves and empower them to be in control of their lives.

The charity runs regular Speaking Up groups, where members can become more involved in influencing local services such as housing, employment and health.

There are also social events such as discos and skittles nights throughout the year.

Anyone who can spare a few hours a month can call 01934 426 086, email info@nspf.co.uk or visit www.nspf.co.uk.
Help for first time buyers

First-time buyers in North Somerset still have the chance to sign up to a deposit scheme to help them buy their first home.

More than 70 people attended North Somerset Council’s first Home Ownership Event earlier this year, which gave visitors the chance to talk to housing associations, financial advisors and specialist solicitors about the affordable options available to get on the property ladder.

The council’s first time buyers deposit scheme was also launched at this event.

The scheme offers loans of up to £5,000 to first time buyers who need help to cover a deposit and other costs and expenses.

To find out more email home.owner@n-somerset.gov.uk or call Wessex Resolutions Community Interest Company: 01823 462 048

The great summer giveaway!

School holidays will soon be upon us so how do you keep your children entertained for six long weeks?

Here in North Somerset we are spoilt for choice with a vast array of family-friendly attractions, beautiful countryside and stunning coastlines.

To help families get out and about, North Somerset Life has teamed up with attractions across the area to offer free tickets in our special summer draw.

Prizes on offer include family tickets (for four people) to:
- Noah’s Ark Zoo Farm
- North Somerset Butterfly House
- The Helicopter Museum, Locking
- Family wristbands for the Grand Pier (excluding entrance fee)
- Pirate Adventure Land
- Weston Observation Wheel
- Mendip Snowsports Centre’s Frisbee golf course
- Guaranteed Learn to Ski or Snowboard package at Mendip Snowsports Centre, for up to four people (minimum age eight)
- Court Farm Country Park
- The SeaQuarium, Weston-super-Mare
- Free entry for a family of four to the Curzon Cinema, Clevedon

To be in with the chance of winning a prize, just answer the following question:

On what page in this magazine is the bucket and spade hidden?

Tickets will be allocated on a draw basis and winners can’t request which attraction they are given.

All answers must include your name, address, and contact number. Entries can be sent via email to editor@n-somerset.gov.uk or on a postcard to Life Editor, North Somerset Council, Floor 1, Town Hall, Weston-super-Mare BS23 1UJ, by Friday 29 July.
**Computer sessions for older people**

Older people who would like to use a computer but are worried about where to start can now take advantage of one-to-one sessions.

Age UK Somerset runs sympathetic and patient computer lessons in Portishead, Worle and Weston-super-Mare.

Volunteers can guide you through different applications, such as searching the internet, sending and receiving emails, shopping online or researching social interests. Each session lasts 90 minutes and costs £2.

For more information call Age UK Somerset on 01823 345 610 or visit [www.ageuksomerset.org.uk](http://www.ageuksomerset.org.uk)

**Let’s get down to earth and compost**

More than 150 people snapped up composting bins during special roadshows which took place across North Somerset in May.

Composting is an inexpensive way to dispose of garden and some kitchen waste, turning it into a nutrient-rich fertiliser for your garden.

You can buy a 220-litre composter for just £15 by calling Council Connect: 01934 888 802

[www.n-somerset.gov.uk/composting](http://www.n-somerset.gov.uk/composting)

**New online service to support unpaid carers**

A free online service has launched to make it easier for people in North Somerset who look after friends or family members.

Rally Round is an online support service for unpaid carers who look after someone who couldn’t manage without their support.

The service can be operated through a computer or smartphone and it creates a support circle so friends and family can work together to help a loved one.

To open an account you need a North Somerset postcode.

Just record all the things that need doing for the person you care for, such as picking up a prescription.

Then invite trusted friends, neighbours or family to join your support circle, via email.

People who accept the invitation can see the to-do list and volunteer to do tasks which suit them.

Text and email notifications let everyone know who is doing what.

One user said: “When I was introduced to Rally Round it was like someone had looked at my life and designed it for me.”

To sign up visit [www.rallyroundme.com/nsomerset](http://www.rallyroundme.com/nsomerset) For more information call Jim Armstrong at Alliance Living: 01934 398 094
The perfect rural retirement

In the heart of North Somerset is Sandford Station, a vibrant retirement village with a great community spirit. The excellent facilities and staff provide the perfect retirement lifestyle.

To book a personal tour or to simply find out more call 0117 919 4262. See our latest video of life at Sandford Station just type ow.ly/XY9Gw into your browser.

Children’s centre celebrates 10th anniversary

Two free family fun days can be enjoyed this summer to celebrate South Weston children’s centre’s 10th anniversary.

All local children and families are welcome to the big Summer Sizzler, from 11am to 3pm on Saturday 16 July at the For All Healthy Living Centre in Lonsdale Avenue.

The Play Centre will be open with activities including a baby sensory area, water play, scrap challenge, music and more.

A free family event will then be held from noon to 3pm on Saturday 6 August at Oldmixon Family Centre in Monkton Avenue.

Activities will include toasting marshmallows on a fire, a barefoot trail, mud pit, scrap challenge, baby sensory area, water play, music, dance and storytelling.

Anyone who would like to volunteer at these events can contact South Weston Children’s Centre: 01934 426 881
Nominate your local sporting hero

Nominations are now open to find the best grassroots sporting heroes in the West of England.

The West of England Celebration of Sport Evening recognises the achievements and successes of outstanding athletes, inspirational volunteers, great coaches and high quality clubs and organisations across the region.

The event, organised by the West of England Sport Trust (Wesport) and supported by Nuffield Health, takes place in Bristol on Friday 21 October.

It will be hosted Steve Backley OBE, twice Olympic silver medallist and former javelin world record holder.

Nominees must live, train or deliver activities in the West of England area.

Awards include children’s coach of the year, volunteer of the year, official of the year, and aspiring young performer of the year.

To nominate visit www.wesport.org.uk/cosenomination before Sunday 21 August.

COSE@wesport.org.uk • 0117 328 6250

Get your car seat checked

Drivers with car seats in their vehicles can have them checked during two days of action in North Somerset.

North Somerset Council and Avon and Somerset Police are working together to raise awareness of incorrectly fitted car seats.

The safety checks will take place on Wednesday 6 July in Weston-super-Mare and Wednesday 14 September in Portishead.

Officers will also be informing drivers of proposed changes to child car seat regulation R44, which are likely to come into affect in December 2016 and will only affect new car seats. This means parents buying backless booster seats in 2017 will only be able to buy them for children above 125cm in height and 22kg in weight.

www.goodeggcarsafety.com

Reminders on recycling containers

Recycling crews are now placing stickers on food waste containers to ask residents to bag or wrap their food waste ready for collection.

Crews have also started placing ‘no food waste’ stickers on black wheelie bins to remind residents they should be recycling food waste – either by putting it in the food waste bin or composting.

About 24 per cent of the average household black wheelie bin is food waste that could be recycled or composted.

Removing this from black bins means less waste is being treated and going to landfill - saving you money.

www.n-somerset.gov.uk/recycling
Charities in Clevedon join forces

Charities in Clevedon have joined forces to offer a ‘one stop shop’ of support for people of the town and surrounding area.

The Salvation Army, Clevedon District Foodbank, and CAP (Christians Against Poverty) have come together under the umbrella of Churches Together in Clevedon. The Relate Café now takes place at the Salvation Army premises in Old Street every Friday for people to find a wide range of support.

Visitors can find help with budgeting, money management, job searches, CV writing and more.

Peter Kember, chairman of Churches Together in Clevedon, said: “We hope the benefits of this one stop shop, in the warm and friendly atmosphere of the Salvation Army, will be a big plus for the town.”

The Relate Café is open every Friday from 9am to 11.30am.

Search for former badminton player

A German sports institute is looking for a former badminton player believed to have lived in Portishead.

The Lower Saxony Institute for Sport History, based in Hanover, is an archive and library of sports in northern Germany.

The organisation occasionally carries out research on people or subjects in other countries and it is now searching for former badminton player Tim Stokes.

Tim took part in badminton competitions in West Germany in the 1970s and a person he met there is now looking for him.

It is believed that Tim lived in Portishead but he might have moved out of the area now.

If anyone knows Tim, please email editor@n-somerset.gov.uk or call 01275 884 139.

Young people invited to sample German life

Adventurous young people in North Somerset who would like to experience life in Germany are being invited to sign up to an exchange scheme.

Weston-super-Mare is twinned with the town of Hildesheim and every year young people swap lives during the school holidays.

In March, 33 young German people visited Weston and the surrounding area and were hosted by local people.

Now organisers are looking for young people aged between 13 and 17 who would like to travel to Hildesheim in the October school holiday.

Visitors will live with a German family and have days out in Hanover, Hamburg, the Harz mountains and more.

Host families will also be needed for the next exchange in Weston in March/April 2017.

Parents can contact Debbie Stone to find out more on 01934 429 036 or debbiestone67@btinternet.com.
The most recent tourism figures show that eight million day visitors came to North Somerset in 2014, an increase of five per cent on the previous year.

And the 2015 figures will no doubt be higher still thanks to Banksy’s world-famous Dismaland bemusement park.

The five-week exhibition on Weston-super-Mare’s seafront certainly put the town on the map, with global media coverage, celebrity visitors, a buzz on social media, huge ticket demand and hotels solidly booked out.

About 200,000 people visited the exhibition and it was estimated to bring in an extra £20m to the local economy.

While an event of that scale can’t be replicated this year, there will be plenty of attractions and events taking place for all the family to enjoy.

Keep reading for the full what’s on guide, or visit www.discovernorthsomerset.co.uk for the most up-to-date listings.

And keep your eyes peeled for news of events at the former Tropicana to see how the post-Dismaland site is taking shape.

You can also catch up with the latest events and local tourism news on Facebook and Twitter.

Have a great summer!

Disclaimer: All information correct at time of going to print (June 2016). While every effort is made to ensure accuracy, North Somerset Council cannot accept responsibility or liability for any errors which have occurred. North Somerset Council cannot recommend or endorse any of the providers listed. It is recommended that you always check with the relevant organisation first to ensure their service meets your requirements.
Circus skills, fire juggling and tightrope walking can all be enjoyed this summer when free family entertainment returns to Weston-super-Mare.

Alive After 5ive launched last year as an initiative to bring family-friendly fun to the town during early evenings throughout the school summer holidays. This year’s free activities take place in Princess Royal Square on the seafront on six consecutive Wednesdays between 27 July and 31 August, with two performances each week at 5pm and 7pm.

The entertainment has been organised by Weston Business Improvement District in partnership with North Somerset Council and the police.

The campaign aims to help make the town more attractive and welcoming to everyone by creating a more vibrant, diverse and safe evening economy.

**What’s on when…**

27 July – Dangerous Steve
Sensational stunts and audience participation feature high in this act. See comedy, fire and chainsaw juggling, a giant unicycle, ladder balancing, a flaming tightrope walk, a blindfold motorcycle stunt and more.

3 August – Sam Goodburn
Award-winning Sam Goodburn showcases his unique tricks when he combines juggling with unicycling. Sam is a unicycling national champion and also won the under-21 British juggling championships.

10 August - The Van Buren Show
Illusions, magic, escapology and circus skills can be seen in this covered stage show.

17 August - Whacky Wonder Wheelers
See some weird and whacky bicycles, unicycles, penny farthings, bendy bikes, tall bikes, mini-bikes, fun-wheels and more. Take the unrideable bicycle challenge - steer one way and it goes the other.

24 August - Circus Whiz
Interactive circus skills workshops take place in a fun packed inflatable ring. Learn how to juggle, balance on stilts, or catch cups and balls, spoons and Olympic ribbons.

31 August - Airborne Tightrope and Stunt Bike Show
A master showman takes on a young apprentice in this spectacular and fast-moving show, but can they agree on the music? Comedy, audience participation and thrilling stunts on bikes and a tightrope.
General events

July

Now until Sunday 9 October
Sand Sculpture Festival
10am-5pm, Weston beach.
Childhood dreams theme. Tickets £4 adults, £3.50 senior citizens and students, £3 children under 15, under 3s free.
www.westonsandsculpture.co.uk

Saturday 9
Clevedon annual long swim Ladye Bay to pier.
www.wavesswimschool.co.uk

Nailsea Skatepark Festival and Community Showcase
1-6pm, Millennium Park, Nailsea.
www.htnailsea.org.uk

Mendip Society walk
near Winscombe. 2pm, at Apple Acre (down the lane by the Star Inn (BS25 1QF). A moderate, four to five mile undulating walk. 01934 843 789

Sunday 10
Portishead Raft Race Lake Grounds
Portishead. In aid of local charities. Home-made rafts take to the water for this fun community event.
www.portisheadraftrace.co.uk

BM’s on the Lawn
Beach Lawns, Weston-super-Mare.
A display of all types of BMW cars.
www.bmwcarclubgb.uk

Saturday 16
Get into Golf
Lake Grounds, Portishead.
A free, open to everyone golf day, to encourage more people into the sport
www.paulmitchellpga.co.uk

Sunday 17
Great Weston Bike Ride
A recreational, non-competitive 56-mile bike ride from Bristol to Weston.
www.greatwestonride.com

Saturday 23 and Sunday 24
Reko Beach Rugby Tournament
Beach, Weston-super-Mare.
A rugby tournament played on the sand with an inflatable pitch.
www.rekobeachrugby.com

Friday 29 – Sunday 31
Lions Real Ale and Cider Festival
Beach Lawns, Weston-super-Mare.
A huge selection of ales and ciders as well as entertainment and food.
www.westonlionsrealalefestival.org.uk

Saturday 30
Weston Pride
noon-6pm, Grove Park, Weston-super-Mare.
A fun event to support the LGBT community.
www.wsmpride.com

Saturday 30 (11.30am-6.30pm) and Sunday 31 (10am-6pm)
Portishead Flower Show and Country Fair
Flower Show Field, Clapton Lane, Portishead.
www.portisheadflowershow.com

Sip some real ale
Real ale and cider lovers will be able to tickle their tastebuds this summer when a popular festival returns to Weston-super-Mare.

The Lions Club is holding its ninth Real Ale and Cider Festival on the Beach Lawns from Friday 29 to Sunday 31 July.

During the last eight years the event has raised more than £250,000, which has been distributed to national and local charities, schools and other causes, such as Baytree School, Crossroads Young Carers, the RNLI and Weston HospiceCare.

In addition, a GO KIDS GO! Project will run alongside the festival this year, in conjunction with the Weston Mercury.

The project aims to encourage sport and activity in children and local clubs and groups are invited to apply for funding.

Music can be heard during the festival from 7pm both evenings, with jazz on the lawn from noon on Sunday.

Entry is free before 5pm and £3 afterwards (festival closes at 5pm on Sunday).

Volunteers to help at the festival are always welcome. For more information call Chris Nelson: 01934 625 765
www.westonlionsrealalefestival.org.uk • wsmlions@aol.com
**August**

**Wednesday 3 - Sunday 7**

**Dairy Festival**
Beach Lawns, Weston-super-Mare. Meet livestock, enjoy shows and demonstrations, and sample local produce. [www.dairyfestival.co.uk](http://www.dairyfestival.co.uk)

**Saturday 6**

**Nailsea and District Horticultural Society Summer Show**
The Link, Nailsea School.

**Sunday 7**

**Classic car show**
10am-5pm, Town Square, Weston-super-Mare.

**Thursday 11 to Sunday 14**

**Bristol International Balloon Fiesta**
Ashton Court Estate, Long Ashton. Entertainment, balloon launches and nightglow. [www.bristolballoonfiesta.co.uk](http://www.bristolballoonfiesta.co.uk)

**Saturday 13**

**DB Max – Portishead Sprint Triathlon**
Open Air Pool, Portishead.

**Weston-super-Mare Horticultural Society Flower Show**
10am-5pm, Town Square, Weston-super-Mare. Floral, art and craft displays, and competitions for all ages. [www.wsmhorticultural.org.uk](http://www.wsmhorticultural.org.uk)

**Sunday 14**

**RNLI open day**
10am-5pm, Anchor Head, Weston-super-Mare. Meet the lifeboat crew and watch lifesaving demonstrations. [www.westonrnli.org.uk](http://www.westonrnli.org.uk)

**Saturday 13**

**Yatton and District Horticultural Society Summer Show**
2-4.30pm, Yatton Village Hall.

**Saturday 20 and Sunday 21**

**History Weekend**
Beach Lawns, Weston-super-Mare. Hildsvin Viking Re-enactment Group, traders, food and rides. [www.westonmuseum.org](http://www.westonmuseum.org)

**Sunday 21**

**RSPCA Dog Show**
Beach Lawns, Weston-super-Mare. [www.rspca.org.uk](http://www.rspca.org.uk)

**Saturday 27**

**Fireworks at Sea**
7pm, The Grand Pier, Weston-super-Mare. [www.grandpier.co.uk](http://www.grandpier.co.uk)

**Saturday 27 (1-6.30pm) and Sunday 28 (10am-5pm)**

**Clevedon Flower Show**
Salthouse Fields, Clevedon. [www.clevedonflowershow.co.uk](http://www.clevedonflowershow.co.uk)

**Sunday 28**

**Weston Classic Car Show**
Town Square, Weston-super-Mare.

**Sunday 28 and Monday 29**

**Stars of Time – film and comic con**
The Tropicana, Weston-super-Mare. [www.starsoftime.co.uk](http://www.starsoftime.co.uk)

**Monday 29**

**Worle Lions Club Family Fun Day**
Baytree Recreation Ground, Baytree Road. Games, rides, stalls, refreshments.

---

**See Viking history come alive**

Step back in time to an era when Vikings and Anglo-Saxons battled for control of Britain during a special weekend in Weston-super-Mare this summer.

History Weekend, organised by Weston Museum, takes place on Saturday 20 and Sunday 21 August on the Beach Lawns.

See the Hildsvin Viking Re-enactment Group, which will hold battles in an arena and train children to attack during ‘kiddie vikes’ sessions.

There will also be an industrial area with Dark Age forges and metal work, a woodworking area with an authentic pole lathe, and other interactive activities including a working kitchen, glass exhibit, bone working, a trader with various wares, a lords’ tent, wolf dogs and a raven.

The event runs 10am-5pm each day. Entry is free. [www.hildsvin.co.uk](http://www.hildsvin.co.uk) [www.westonmuseum.org](http://www.westonmuseum.org)
Fun for younger members of the family

July

Wednesday 20 and Thursday 21
TYNTEtots: Secret Garden
10-11.45am, Tyntesfield, Wraxall.
Storytelling and games for under-fives and their families. Adult £3, 2 x children £12, 3 x children £18.
Booking essential: 08442 491 895 (also Owl and the Pussycat on Weds 17 and Thurs 18 Aug)

Saturday 23 and Sunday 24
50 things to do before you’re 11¾
11am-3pm, Tyntesfield, Wraxall.
Build a den, read a map, hold a scary beast and more.
Free event, but normal admission charges apply.

August

Monday 1 – Saturday 13
Reptile Fortnight
Noah’s Ark Zoo, Wraxall.
Watch daily venomous snake shows.
01275 852 606

Flight Simulator Convention and Drone Show
Helicopter Museum, Weston-super-Mare.
www.helicoptermuseum.co.uk/events 01934 635 227

Friday 12
World Elephant Day
Noah’s Ark Zoo, Wraxall.
Enjoy special keeper talks and competitions.
01275 852 606

Children’s centres
Summer activities will take place throughout the holidays for families and carers with children aged from birth to five. Contact the Family Information Service on 01934 426 300 or look out for local publicity.
www.n-somerset.gov.uk/fis

Leisure and sports centres
Activities and clubs take place throughout the summer holidays to keep children entertained and active. Contact your local centre to find out more.
www.n-somerset.gov.uk/leisurecentres

Join in the Big Friendly Read

Libraries in North Somerset are celebrating 100 years of classic children’s storyteller Roald Dahl during this year’s Summer Reading Challenge.

The Big Friendly Read starts on Saturday 16 July and is open to all children aged four to 11.

Children can collect six cards as they read any six library books of their choice over three further visits to the library. Sign up by 31 July to be in with the chance to win tickets for Roald Dahl screenings at the Curzon cinema.

The cards include Quentin Blake illustrations from some of Roald Dahl’s best loved stories.

Last year more than 4,300 children joined the challenge in North Somerset libraries.

One parent said: “What a fantastic way to introduce young children to reading. It makes going to the library fun.”

Every child who reads six books and completes the challenge by Saturday 10 September will receive a certificate and medal.

The free challenge maintains children’s reading motivation during the school holidays.

Research shows that children who take part return to school after the summer break as more fluent, confident and happy readers.

Events will also be held in libraries during the summer to celebrate the challenge. For more information visit www.n-somerset.gov.uk/events www.bigfriendlyread.org.uk
Markets

Thursdays

Winscombe Country Market
Winscombe Country Market (E) 8am-noon, Community Centre, Sandford Road. 01934 842 304

Fridays

Portishead Country Market (E) 9.45-10.45am, Folk Hall, Portishead. 01275 843 851

Nailsea Country Market (E) 10-11.15am, Vestry Hall of Christ Church, Christchurch Close, Nailsea

Wrington Vale Country Market 10.30-11.30am, Scout Hall, School Road, Wrington. 01934 862 360

Saturdays

Long Ashton (1) 9.30am-1pm, Community Centre. 07956 323 546

Kingston Seymour (1) 10am-noon, Village Hall

Hutton (1) 9.30am-noon, Hutton Village Hall. 01934 814 823

Tickenham (2) 9.30am-noon, Village Hall. Fundraiser for Tickenham Primary School.

Kenn (2) 10am-noon, Village Hall

Yatton (2) 10am-noon, Village Hall. 01934 832 681

Bleadon (3) 9am-12.30pm, Coronation Hall. 01934 812 370

Claverham (3) 10am-noon, Village Hall

Pill Community Market (4) 10am-noon, Pill Community Centre.

KEY: (E) Every • (A) Alternate • (1) First • (2) Second • (3) Third • (4) Fourth • (L) Last

Farmers’ markets

Saturdays

Portishead (2) 9am-12.30pm, Waitrose Piazza

Weston-super-Mare (2) 9am-12.30pm, High Street

Worle (2) 9am-12.30pm, The Lamb pub car park

Nailsea (3) 9am-1pm, Crown Glass Place

Clevedon (4) 9am-12.30pm, Queen’s Square
**Regulars**

**Mondays**
- Portishead in Harmony (E) (women only) 10.30am-12pm, The Folk Hall, Portishead High Street. £5 per session. www.wendysergeant.vpweb.co.uk, 01275 814 220
- Clevedon A cappella (E). 1.15-2.45pm, Kenn Road Methodist Church, Clevedon. £5 per session. www.wendysergeant.vpweb.co.uk, 01275 814 220
- Afternoon singing group (fortnightly) 2-4pm, St Jude’s Hall, St Peter’s Church, Baytree Road, Worle. 01934 413 571
- Mixed Company Community Choir (E) 7.30-9.30pm, Golden Valley Primary School, Nailsea. £6 per session with free taster
- Clevedon Choral Society (E) 7.15 pm, Methodist Church Hall, Kenn Road, Clevedon. www.clevedonchoralsociety.org.uk
- Clevedon Light Opera Club (E) 7.30pm (Juniors Thurs 7pm) Princes Hall, Clevedon Community Centre. 01275 791 556
- Vocalise Choir (E) 7.30-9.30pm, United Reform Church, Weston-super-Mare. Weston. £5 inc refreshments. 01275 627 709
- Clevedon Playsong (and Wed, Fr/leading up to a play) 7.30-10pm, the Stables, behind Princes Hall, Princes Road, Clevedon. 01275 853 975
- RAPA Concert Band (E) 8pm, Blakelaw Theatre, Weston-super-Mare. www.rapaconcertband.org.uk 01934 820 205
- Footlights Community Choir 8-9.30pm, Community Hall, Trinity School, Portishead. No experience necessary.

**Tuesdays**
- A Musical Tea Time (E) 2-4pm, Lady of Lourdes Church Hall, Milton, Weston-super-Mare, £1.50 inc tea/coke. 01934 413 571
- Cadbury Wind Band (E) (term time only) 7.15-9.15pm, Yatton Rugby Football Club. 01275 792 300
- Lyrical Ladies Choir (E) 7.20-8.20pm, Nailsea School. £4 per session. 07722 298 550, gillatkinson15@blueyonder.co.uk
- Waves of Harmony (E) 7.30pm, Victoria Methodist Church Hall, Station Road, Weston-super-Mare. Women’s 4-part acapella group. 01934 643 823 www.wavesofharmony.co.uk
- Cheddar Male Choir (E) 7.30pm, Draycott Village Hall. New members welcome. www.cheddarmalechoir.co.uk
- Winscombe Community Choir (E) 7.30pm, Winscombe Primary School, Moorham Road. www.winscombecommunitychoir.org.uk
- Campus Choir (E) 7.30-9pm, The Campus, Locking Castle, Weston-super-Mare. 01934 832 283. www.singoutlouduk.com
- Weston Choral Society (E) (term time only) 7.30pm, Milton Methodist Church Hall, Milton Hill, Weston-super-Mare. 01934 813 255
- Clevedon Music Club (3) 7.30pm, Community Centre, Winscombe. Classical concerts by professional musicians. £8 per concert on the door. 01275 879 099
- Nailsea Choral Society (E) 7.30pm, Vestry Hall, Christ Church, Nailsea. 01275 875 533 www.nailseachoral.org.uk
- Trinity Singers (E) 7.30pm, Churchill Primary School, Pudding Pie Lane, Langford. www.trinitysingers.co.uk 01934 415 301
- Portishead Town Band (E) 7.45pm, Methodist Church Hall, High Street. New players welcome. 07816 544 474, 01275 818 575
- Pill Community Choir (E) 7.45-9.15pm, Pill Community Centre. £5 per session or £4 if paying for a term. Free taster session. www.wendysergeant.vpweb.co.uk, 01275 814 220
- Congresbury Singers (E) 7.50pm, Old School Rooms, Congresbury. 01934 876 104
- Samba Drumming (E) 8-10pm, All Saint's Church Hall, All Saints Lane, Cheddar. Beginners welcome. £6 with free taster session. 01275 543 714
- Weston Brass Band (E) (and 12-20 yrs). Boulevard United Reformed Church, Bathway Road, Weston-super-Mare. 01934 842 461
- Nailsea Folk Club (2) Grove Sports Centre, Nailsea. (A) Prince of Orange Inn, Yatton. All musicians and singers welcome. 01275 857 784
- Harmony Plus Choir (E) 8-9.30pm, Avon Way Hall, Weston. £5 per session or £4 if paying for a term. Free taster session. www.wendysergeant.vpweb.co.uk, 01275 814 220
- Cantiamo Ladies Choir (A) (grade 8+ musicians only) 7.15-9.30pm, Nailsea School. £5 per session. 07722 298 550, gillatkinson15@blueyonder.co.uk
- Weston Organ and Keyboard Society (A) 7.30pm, Becket Primary School, Tavistock Road, Worle. New members welcome. 07972 909 939
- Muskrats Jazz Band (1) 8.30pm, Clarence House, High Street, Portishead. £3 Bar and dancing, all welcome. 01275 814 434
- Traditional jazz night (2) 8.30pm, Salhouse pub, Clevedon. Resident band, the Dixieland Rascals. Free entry

**Wednesdays**
- Clevedon Ladies Choir (E) (September-June) 2.15-3.30pm, St Peter’s Church Hall, Alexandra Road. £25 per year. 01275 876 131 or 01275 858 246
- Juke Box Ukelele Club (E) 6.30-8 pm, St Mark’s Primary School, Worle. £5 per session. All abilities welcome. 07870 788457
- Upstaged Drama Group (E) during term time 7-8.30pm, Theatre in the Hut. Sessions and workshops for 16 to 25-year-olds. upstaged@hotmail.com
- Weston Music Appreciation Society (A) 7.30pm, St Jude’s Hall, Baytree Road. 01934 814 732
- Singing Mums Choir (E) 7.10-8pm, The Campus, Locking Castle, New players welcome. 07872 981 037
- Weston Brass Band (E) 7.30-9.30pm, Portus and Hewish Village Hall. 01275 397 582
- North Somerset Community Brass band (E) 7.30-9.30pm, Portus and Hewish Village Hall. 01275 397 582
- Congresbury Brass Band (E) 7.30-9.30pm, Methodist Church Hall, Congresbury. 01275 849 611 / 07986 007 829
- Harmony Plus Brass (E) 7.45pm, Emmanuel Church, Weston. 01934 629 112
- Nailsea Concert Orchestra (E) (term time only) 7.30pm, Nailsea Methodist Church. www.nailseaconcertorchestra.org
- West Mendip Orchestra (E) (term time only) 7.45-10pm, Lynch Chapel, Winscombe. 01275 463 480
- Harmony Plus Brass (E) 7.45pm, Emmanuel Church, Weston. 01934 629 112
- Nailsea Theatre Club (E) 8pm, Nailsea Little Theatre, Worle Street. 01275 822 257 (Box office: 07772 981 037)

**Saturdays**
- North Somerset Community Brass band (E) 7.30-9.30pm, Portus and Hewish Village Hall. 01275 397 582
- Congresbury Brass Band (E) 7.30-9.30pm, Methodist Church Hall, Congresbury. 01275 849 611 / 07986 007 829
- Harmony Plus Brass (E) 7.45pm, Emmanuel Church, Weston. 01934 629 112
- Nailsea Theatre Club (E) 8pm, Nailsea Little Theatre, Worle Street. 01275 822 257 (Box office: 07772 981 037)

**KEYS:** (E) Every • (A) Alternate • (1) First • (2) Second • (3) Third • (4) Fourth • (L) Last
Enjoy free music in Weston’s Grove Park every Sunday afternoon throughout the summer.

**July**

10 Worlewind Band
17 Brecon Town Band
24 Burnham and Highbridge Band
31 RAFA Band

**August**

7 Weston Brass
14 Bath Spa Brass Band
21 Worlewind Band
28 Bristol Male Voice Choir
29 Tim Pitman

**September**

4 Serenade Big Band
11 Des Henley’s Singers and Strummers
18 Worle Community Choir

All concerts run from **2.30-4.30pm**, and are organised and funded by Grove Park Café.

07952 943 855
Georgian Club for over 01934 628 309
Group (E) 2pm, Village Hall.
Montpelier, Weston. 01934
Thurs, Fri, Sat) 1.30pm, 21
Duplicate bridge (E)(and
Community Centre. 01934
and 4) 10.30am, Winscombe
Winscombe Probus Club (2
super-Mare
Chuch, Southside, Weston-
Tots1 (E, term time only) 10-
Community Centre. £1 inc
Aug) 10am, Winscombe
Winscombe District U3A
127
Hall, Locking Rd. 01934 514
Weston Monday Art Group
Mondays
www.clevedonartclub.co.uk
Clevedon School, Valley Road.
on Sun), The Science Atrium,
10.30am-6pm (2pm-6pm
annual art exhibition
29
Saturday 20 – Monday
Clubs and societies
• North Somerset Life • Summer Special

Weston Art Group
Mondays
www.clevedonartclub.co.uk
Clevedon School, Valley Road.
on Sun), The Science Atrium,
10.30am-6pm (2pm-6pm
annual art exhibition
29
Saturday 20 – Monday
Clubs and societies
• North Somerset Life • Summer Special

Weston Art Group
Mondays
www.clevedonartclub.co.uk
Clevedon School, Valley Road.
on Sun), The Science Atrium,
10.30am-6pm (2pm-6pm
annual art exhibition
29
Saturday 20 – Monday
Clubs and societies
• North Somerset Life • Summer Special

Weston Art Group
Mondays
www.clevedonartclub.co.uk
Clevedon School, Valley Road.
on Sun), The Science Atrium,
10.30am-6pm (2pm-6pm
annual art exhibition
29
Saturday 20 – Monday
Clubs and societies
• North Somerset Life • Summer Special

Weston Art Group
Mondays
www.clevedonartclub.co.uk
Clevedon School, Valley Road.
on Sun), The Science Atrium,
10.30am-6pm (2pm-6pm
annual art exhibition
29
Saturday 20 – Monday
Clubs and societies
• North Somerset Life • Summer Special

Weston Art Group
Mondays
www.clevedonartclub.co.uk
Clevedon School, Valley Road.
on Sun), The Science Atrium,
10.30am-6pm (2pm-6pm
annual art exhibition
29
Saturday 20 – Monday
Clubs and societies
• North Somerset Life • Summer Special

Weston Art Group
Mondays
www.clevedonartclub.co.uk
Clevedon School, Valley Road.
on Sun), The Science Atrium,
10.30am-6pm (2pm-6pm
annual art exhibition
29
Saturday 20 – Monday
Clubs and societies
• North Somerset Life • Summer Special

Weston Art Group
Mondays
www.clevedonartclub.co.uk
Clevedon School, Valley Road.
on Sun), The Science Atrium,
10.30am-6pm (2pm-6pm
annual art exhibition
29
Saturday 20 – Monday
Clubs and societies
• North Somerset Life • Summer Special

Weston Art Group
Mondays
www.clevedonartclub.co.uk
Clevedon School, Valley Road.
on Sun), The Science Atrium,
10.30am-6pm (2pm-6pm
annual art exhibition
29
Saturday 20 – Monday
Clubs and societies
• North Somerset Life • Summer Special

Weston Art Group
Mondays
www.clevedonartclub.co.uk
Clevedon School, Valley Road.
on Sun), The Science Atrium,
10.30am-6pm (2pm-6pm
annual art exhibition
29
Saturday 20 – Monday
Clubs and societies
• North Somerset Life • Summer Special

Weston Art Group
Mondays
www.clevedonartclub.co.uk
Clevedon School, Valley Road.
on Sun), The Science Atrium,
10.30am-6pm (2pm-6pm
annual art exhibition
29
Saturday 20 – Monday
Clubs and societies
• North Somerset Life • Summer Special

Weston Art Group
Mondays
www.clevedonartclub.co.uk
Clevedon School, Valley Road.
on Sun), The Science Atrium,
10.30am-6pm (2pm-6pm
annual art exhibition
29
Saturday 20 – Monday
Clubs and societies
• North Somerset Life • Summer Special

Weston Art Group
Mondays
www.clevedonartclub.co.uk
Clevedon School, Valley Road.
on Sun), The Science Atrium,
10.30am-6pm (2pm-6pm
annual art exhibition
29
Saturday 20 – Monday
Clubs and societies
• North Somerset Life • Summer Special

Weston Art Group
Mondays
www.clevedonartclub.co.uk
Clevedon School, Valley Road.
on Sun), The Science Atrium,
10.30am-6pm (2pm-6pm
annual art exhibition
29
Saturday 20 – Monday
Clubs and societies
• North Somerset Life • Summer Special

Weston Art Group
Mondays
www.clevedonartclub.co.uk
Clevedon School, Valley Road.
on Sun), The Science Atrium,
10.30am-6pm (2pm-6pm
annual art exhibition
29
Saturday 20 – Monday
Clubs and societies
• North Somerset Life • Summer Special

Weston Art Group
Mondays
www.clevedonartclub.co.uk
Clevedon School, Valley Road.
on Sun), The Science Atrium,
10.30am-6pm (2pm-6pm
annual art exhibition
29
Saturday 20 – Monday
Clubs and societies
• North Somerset Life • Summer Special

Weston Art Group
Mondays
www.clevedonartclub.co.uk
Clevedon School, Valley Road.
on Sun), The Science Atrium,
10.30am-6pm (2pm-6pm
annual art exhibition
29
Saturday 20 – Monday
Clubs and societies
• North Somerset Life • Summer Special

Weston Art Group
Mondays
w
Weston Ladies Cards (A) 10.30am, Night Jar pub, Mead Vale. 07977 051 001
Yeo Valley Prabus Club (1) 10.30am, Backwell Bowls Club. 01275 857 769
Backwell Prabus Club (2) 10.30am, West Backwell Bowling Club. 01275 462 627
North Somerset Over 50s Club (A) 11am, Clevedon Community Centre. 01275 842 282
Gordano Prabus Club (2) 12.30pm, Clarence House, High Street, Portishead. 01275 398 706
Portishead Prabus Club 73 (3) noon-3pm, Clarence House Social Club, High Street. 01275 814 249 / 07715 572 106
Failand Art Group (E) 1.30pm, Village Hall, Oxhouse Lane. Jimpeck1502@gmail.com
Banwell Bridge Club (E) 1.30pm, Village Hall. 01934 518 690
Woodspring Scrabble Club (E) 2pm, United Reformed Church, Weston. 01934 815 358
Nailsea Scrabble Club (E) 2pm, Mizzymead Recreation Centre. 01275 464 864
Worle Friendship Club (E) 2pm, Worle Community Centre, Lawrence Rd. 01934 510 863
Weston Society of Arts (A) 2pm, Victoria Methodist Church Hall. 01275 350 564
Parrish Over Sixties Club (1) 2pm, Parrish Village Hall
Backwell Garden Club (3) 2pm, WH Hall. 01275 464 236
Portishead Senior Citizens Forum (3) 2.15pm, Folk Hall. 01275 843 678
Good Companions Senior Citizens (E) 2.30pm, Fenswood Court, Fenswood Rd, Long Ashton. 01275 393 617
Clevedon Senior Citizens’ Forum (L) 2.30pm, Masonic Hall, Albert Road. 01275 874 296
Social activity group for ages 40+ (E) Venues in Weston. 07733 411 238
Weston Amnesty International (2) 6.30pm, Worlebury Golf Club, Weston. 01934 419 014
Weston and Worle Bridge Club (E) 7pm (and Fri 2pm), St Joseph’s Church Hall, Camp Rd. 01934 510 027
Weston Sea Cadets (E) and (Fri), 7pm, Cadet HQ, Sunnyside Rd North. 11 to 18-year-olds.
Portishead Spiritual Association (E) 7.30pm, Brampton Way Playgroup Hall, Brampton Way. 01275 843 744
Wrington Vale Rotary Club (E) 7.30pm, Burrington Inn, Burrington Combe. 01934 844 214
Nailsea and District Horticultural Society (2) 7.30pm, United Reformed Church Hall, Stockway North. £2 for members, £3 for visitors. 01275 855 342
Nailsea Stamp and Postcard Club (2) 7.30pm, Mizzymead Recreation Centre. 01275 855 875
Nailsea and Backwell Townswomen’s Guild (2) 7.30pm, Methodist Hall. 01275 810 579
Worle WI (3) 7.30pm, Castle Batch Community Centre, Bishop’s Avenue. 01934 511 329
Portishead Floral Art Society (3) 7.30pm, Somerset Hall. £5 for visitors. 01275 342 701
Royal British Legion (Clevedon) (3) 7.30pm, Community Centre, Prince’s Rd 01275 879 816
Gordano Valley 41 Club (4) 7.30pm, Royal Inn, Portishead. 01275 817 258
Wesley Moose Social Evening (I) Eldon Arms, Wick Lawrence. £3 including some food, for charity. 01934 814 042 alan.moosewsm@outlook.com
Wesley Woodturning Circle (3) 7pm, Weston Football Club, Winterstoke Rd. 01934 510 862
Wesley Chess Club (E) 7.30pm, Weston-super-Mare Conservative Club, 24-26 Alexandra Parade. 01934 643 171
Wesley super-Mare RSF (1, 2pm), St Paul’s Church Hall, Hall Pacific Rd. 01934 835 208
Wesley Horticultural Society (2) 7.30pm, St Peter’s Church Hall, Greeve Rd.
Banwell WI (2) 7.30pm, Village Hall, Banwell. Visitors welcome. 01934 824 900
Avon Wildlife Trust Long Ashton (3) 7.30pm, Jubilee Pavilion, Keedwell Hill. 01275 392 690
North Somerset Rural Business Forum (3) 7.30pm, Winsford Manor Hotel. £7.50 for non-members. 01381 820 307
Royal British Legion (Nailsea) (3) 7.30pm, Grove Sports Club. 01275 856 879
Bristol Sailors Meeting (4) 8pm, British Legion Hall, Long Ashton.
Worle Community (3) (3) 8.30pm, Royal Hotel Feathers Bar, Weston-super-Mare. westonsocial@virginmedia.com
Worle Community Coffee Morning (4) 9.30am, St Joseph’s Church Hall, Camp Rd. 01934 510 862
Worlebury Golf Club, £1, inc refreshments and coffee. 01934 814 042 alan.moosewsm@outlook.com
Scrabble Club (E) 2.15-5pm, Clevedon Conservative Club. £1 per session. 01275 342 974
Byte Home Computer Club (1)(3)(4)pm, Nailsea Fire Station, Round Lane. 01275 852 521
North Somerset Quilters (3) 7.30pm, WH Hall, Station Rd, Backwell. 01275 463 119
Portishead Stamp Club (4) 7.30pm, Friends Meeting House, St Mary’s Rd. 01275 374 738
Banwell Society of Archaeology (2) 7.30pm, Banwell Village Hall.
Saturdays
Hutton Lace and Craft Group (2) 9.30am, Village Hall. 01275 822 871
CREWS Backstage Support (E) 10am-1pm, The Stables, Princes Rd, Clevedon. 07824 821 814
Portishead Community Cafe (1) 10am, Village Hall. 07971 501 374
YABEEP Natural Beekeeping Group (2) 10.30am, Cleverham Village Hall, Bishops Rd. YABEEp87@gmail.com
Avon Guild of Spinners, Weavers and Dyers (2) 10.30am, Bowls Pavilion, Long Ashton Community Centre. 01275 464 526
Weston-super-Mare & District Family History (E) 2pm-3.30pm, Weston library, Town Hall, Walliscote Road.
Sundays
Worle Lions Quiz (1) Windsor Castle pub. Entry £2.50 inc food and cash prize. www.worlelions.co.uk 08458 339 862
**Health and fitness**

**Mondays**
Stroke Communication Group (E) 10am, Summer Lane Care Home, Diamond Batch. 01275 870 328

Positive Step Coffee Morning (2) 10-noon, Locking Castle Church Hall, Jasmine Way. www.positivestep.org.uk

Cancer Rehabilitation Class (E) 1-2pm, Hutton Moor Leisure Centre, Weston. 1934 425 900

Arthritis Care Weston Branch (2) 2pm, St Saviour’s Hall, Locking Rd. 01934 622 808

Fibromyalgia Group (2) 2pm, Purple Sheep Centre, Huggenhend Rd, Weston. 01934 413 868

Croquet Club (E, and Weds and Fri, April-Oct) 2-4pm, Clarence Park East, Weston-super-Mare. ust turn up or call 01934 413 515 clarenceparkcroquet@ hotmail.co.uk

Zumba (E) 6.15-7.15pm, (and Thu 6-7pm), Hutton Moor Leisure Centre. 01934 425 900, hutton.moor@parkwood-leisure.co.uk

No Strings Badminton (E) 7-9pm (and Thu 8-10pm), North Somerset Tennis Club, Boulevards, Weston. 01934 852966, backwell@parkwood-leisure.co.uk

Qigong (E) 7.30-9pm, Hutton Moor Leisure Centre, www.toneleisure.co.uk/centres/churchill

Step Class (E) 8-9pm, Churchill Sports Centre. 01934 852 303 www.toneleisure.co.uk/centres/churchill

Western Active Stroke Group (E) 10am, Worlebury Golf Club. 01934 519 266

Somerset Cancer Care Support Group (E) 10am, Summer Lane Care Home, Diamond Batch. 0800 731 4608

Dance Fitness (E) 10am, Clevedon Triangle Club. 01275 544 472

Walking Football (E) 10-11am, Weston Football Club. £2 per session. 07970 681 178

Golden Oldies sing and stretch classes. Venues in Clevedon, Portishead, Weston-super-Mare, Pill and Nailsea. 01761 470 006 www.golden-oldies.org.uk

Stroke Group (E) noon, Parish Wharf Leisure Centre, Porlock. 07899 754 937 Cancer Rehabilitation Classes (E) noon, Jubilee Hall, Portishead. £1.50 per class. 07800 743305

**Tuesdays**

**Exercise Classes**

**Exercise Classes**

Step Class (E) 8-9pm, Churchill Sports Centre. 01934 852 303 www.toneleisure.co.uk/centres/churchill

Cancer Rehabilitation Class (E) 2-3pm, Hutton Moor Leisure Centre, Weston. 01934 425 900

Squash Open Session (E) 6.20-9pm (and Fri 6.20-8.20pm),

**Adult Trampolining Open Session (E) 6-6.55pm (and Thu 6.20pm), and Fitness Classes every day at Hutton Moor Leisure Centre. 01934 425 900 hutton.moor@parkwood-leisure.co.uk**

Legs, Bums and Tums (E) 9.30-10.30am, Pilates (E) 10.30-11.30am (and Fri), Aqua Tone and Fit (E) 6.30-7pm, Zumba (E) 7pm (and Wed 7.30-8.30pm), and Body balance (E) 8-9pm (and Wed 9.30-10.30am), at Churchill Sports Centre, 01934 852 303, www.toneleisure.co.uk/centres/churchill

Bipolar UK (E) 7.30pm, FRIEND, Oxford Street, Weston. 01934 434 9915

Tuesday Badminton club (E, term time) 8-10pm, Broadak School, Weston-super-Mare. Non-competitive, but an ability to play is essential. johnruddal@hotmail.com

**Western**

**Area**

**National**

Rheumatoid Arthritis Society (2) 6.30-8.30pm, The Campus, Locking Castle, Weston. www.ras.org.uk, 01934 620 583

Nailsea and Backwell Diabetes Support Group (2) 7-9pm, Methodist Church Hall, Silver Street. nailsea.diasabetes@gmail.com

Bags of Somerset Hash House Harriers (E) 7.15pm, various locations. See www.bristolhash.org.uk/bags 07964 5086 or 01275 874 671

Breast Cancer Support Group (E) 2.30pm, Weston General Hospital. 07798 934 291

**Thursdays**

Vibe Studio Cycling (E) 9.30-10.15am, Churchill Sports Centre. 01934 852303, www.toneleisure.co.uk/centres/churchill

YouTree Cancer Support Group (E) 10am, Lauriston Hotel, Knightstone Rd, Weston. 07932 143 452

FUCHSIA Cancer Support Group (1) 10am, Night Jar pub, Worle. 07896 697 627

World Liens Friendship Group (E) 10am, 7pm, Worlebury Golf Club. For people with long-term illness, carers also welcome. www.worleliens.co.uk 08458 339 862

Walking Football (E) 10.30-11.30am, and Teen Gym, Hutton Moor Leisure Centre. 01275 878 052

Parkinson’s UK Weston Branch (1) 2.30pm, St Saviour’s Hall, Lacking Rd. 01934 813 547 / 625 633

Portland Macular Help Group (4) 2.30pm, Folk Hall. 01275 845 238

Weston Osteoporosis Support Group (1) Meets 5 times a year (March, May, July, September and November), in the Lecture Theatre, The Academy, Weston General Hospital. Information about local services and practical matters for people with osteoporosis. 01934 415 096 moraine7@ hotmail.co.uk

Cancer Rehabilitation Class (E) 9.30am, The Barn, Clevedon. £1.50 per class. 07800 743305

Ashcombe Park Bowling Club (E) 10am-noon, Ashcombe Park, Weston. 01934 522 779

Stoke Communication Group (A) 10am, Methodist Church Hall, Silver Street, Nailsea. 01275 870 328

Badminton (E) 10am and Zumba Gold (E) 10.30-11.30am, Scath Horn Leisure Centre, Nailsea. 01275 856 965, scathhorn@parkwood-leisure.co.uk

Women’s Action Group (WAGS) 12.30-2pm, 35 Boulevard. Weston-super-Mare. Women-only group, for those who need help with addiction. 01934 427 940

Teen Spin (E) 14-15 years, 5-5.45pm, and Teen Gym, 11-15 years, every day at Parish Wharf Leisure Centre, Harbour Road, Portishead. 01275 848 494

NHS Stop Smoking Café (E) 6pm, Tesco cafe, Weston. 01275 546 744

**Weston**

**Area**

**National**

Backwell Squash Club (E) 7.20pm-9.20om, Backwell squash centre, Farleigh Road. 01275 463 726, backwell.squash@parkwood-leisure.co.uk

Diabetes UK (Weston) (1) 7.30pm, Waverley Suite, Weston Hospital Academy [also – quiz night (2) Social Club, Devonshire Road] 01934 628 985

**Fridays**

Partly Sighted and Blind Club (E) 10.15pm, Parbrooke Court, Elton Rd, Clevedon. 01275 219 730

Long Ashton Bowling Club (E) (April-September) Community Centre, Keedwell Hill. 01275 545 544, rynesschaf@oal.com

Junior Circuits (E) 11-15 years, 6-7pm, and Teen Gym, 11-15 years, every day at Strade Leisure Centre, Strade Road, Clevedon. 01275 879 242

Aerobics (E) 9.30-10.30am, Churchill Sports Centre. 01934 852303, www.toneleisure.co.uk/centres/churchill

Junior Climbing Wall (E) 5-6pm, 5-15 years, and Junior Trampolining (E) 5-6pm, 5-15 years, Huns Price Sports Centre, Marchfields Way, Weston. 01934 642 426 huns.price@parkwood-leisure.co.uk

Clevedon Spoons Volleyball Club (E) 8pm, Strade Leisure Centre.

Portishead Stroke Drop-In Centre (1) 10.30am, Clarence House, High Street. 01275 818 492

**Saturdays**

Parkinson’s UK North West Somerset branch meeting (2) 10.30am, St Francis Church Hall, Nailsea. 01275 855 524

**Sundays**

Squash Workshop (E) 9.40am-11.40am, Racketball Open Session (E) 6.20-7.40pm, and 5 a-side Football (E) 3-10pm, at Hutton Moor Leisure Centre. 01934 425 900 hutton.moor@parkwood-leisure.co.uk

**Information about local services and practical matters for people with osteoporosis.** 01934 415 096 moraine7@hotmail.com

**KEY:** (E) Every • (A) Alternate • (1) First • (2) Second • (3) Third • (4) Fourth • (L) Last
Travel around North Somerset this summer

There are lots of other ways to travel though, so why not leave the car at home and make the journey as enjoyable as the destination?

Get cycling

Cycles will soon be available to hire in Weston-super-Mare for people to take short hops or explore the wider area.

By the end of this summer, 18 bikes will be located at sites throughout the town centre. They can be booked and paid for through a smartphone app and are set up with GPS technology.

Cycle pumps have also been installed across North Somerset for cyclists to top up their tyre pressure.

The Circle Line 88 operates around North Somerset, stopping in Yatton, Clevendon, Portishead, Nailsea and surrounding villages.

If you’re jetting off, bus service A2 runs from Weston-super-Mare to Bristol Airport on an hourly timetable.

Public transport guides are available in local libraries.

For ideas on cycle rides visit www.betterbybike.info

Take a walk

Walking is a fantastic way to enjoy the scenery and get some exercise.

Anyone who needs a little encouragement can join a free and friendly Walking for Health group.

Visit www.n-somerset.gov.uk/walking

Catch a bus

Catching the bus is an ideal way to get around with comprehensive routes across North Somerset.

The Circle Line 88 operates around North Somerset, stopping in Yatton, Clevendon, Portishead, Nailsea and surrounding villages.

If you’re jetting off, bus service A2 runs from Weston-super-Mare to Bristol Airport on an hourly timetable.

Public transport guides are available in local libraries.

See train times and fares at www.nationalrail.co.uk

Visit www.travelwest.info
Portbury Wharf Nature Reserve lies between the eastern edge of Portishead and Portbury Dock and acts as a buffer between the town and Severn Estuary. For 50 years the site was a dumping ground for waste from Portishead’s now demolished power stations.

The Village Quarter housing development now stands there with luxury apartments overlooking the water, and the nature reserve is a popular recreation spot.

Many paths have been created to access the area, which includes two large pools, several ponds, rhynes, grazing marsh, hay meadows and hedgerows.

Accessible, level paths go around the reserve and are suitable for bikes, wheelchairs and buggies.

However, this Life walk follows the seasonal footpath which runs alongside grassy meadows.

Enter the nature reserve from the Sheepway layby and follow the orange waymarker onto the paved path.

Follow the path as it bends round to the right and then take the gravel track on your right towards the information board.

Just a little further ahead, take the grassy route to the left. This is the seasonal footpath through the nature reserve so wear suitable footwear.

Go down the slope between the trees and continue between the fences. There will be a wildlife meadow on your right, a rhyne on your left, and the houses of the Village Quarter ahead of you.

The path veers round to the right when you reach the houses, towards the electricity substation. Go up three steps and pass underneath a pylon.

How to get there

Start at map ref: ST 486 761

Car:
Park in a layby in Sheepway, just after the railway bridge. This holds about 7 cars. If full, there is another layby in Wharf Lane, just past Springfield Cottage.

Bus:
Services X2/X3 Portishead-Bristol stop next to the layby in Sheepway

Potter around Portbury Wharf...

A former waste ground for dumping power station ash is now a tranquil nature reserve and thriving habitat for a wide variety of plants and animals.
Go through the two metal gates and take the left-hand gravel path, which veers slightly uphill. Follow the path to the left, as it goes around the substation and continue straight ahead.

You are now passing the Village Quarter housing, towards to marina.

Head past the apartment blocks, past the pieces of public art, and you will reach the waterfront.

Follow it round to the left. You will pass a coffee shop and supermarket if you need to stop for refreshments.

At the ‘When Shall We Three Meet Again?’ matchsticks sculpture, cross onto Newfoundland Road, go up Phoenix Way, then turn left into Pennant Place.

Follow this road to the end and you will come back out onto the path near the ‘Full Fathom Five’ pillars you passed earlier.

Turn right onto this path, then a quick left down the gravel path just before the ox sculpture.

Go through the metal gate and walk along the well-trodden path next to the rhyne, with Portbury Docks in the distance in front of you.

At the footpath signpost, turn right and join the gravel path. At the end of this path, turn left.

Continue on this path through the trees, and gate, and it becomes Wharf Lane.

This leads back to Sheepway and your starting point.
New visitor centre unveiled at historic Clevedon Pier

Visitors to Clevedon’s historic Grade 1-listed pier can now enjoy the spectacular £2.25m new visitor centre.

The stunning new centre, which includes a new restaurant, meeting room, refurbished gift shop, visitor attraction, and much-needed public facilities, officially opening its doors in May with an all-day party to mark the event.

The unique glass structure has been designed by award-winning architects O’Leary Goss Architects, whose focus was to create a beautiful lightweight contemporary building.

Business manager Nicole Laken said: “I think the public will be amazed at the transformation that has been made to the toll house.

“It provides 21st century facilities without detracting from the pier’s 19th century elegance and simplicity.”

Work on the project began two years ago when the pier secured a £750,000 grant from the Coastal Communities Fund and £720,000 from the Heritage Lottery Fund.

North Somerset Council and Clevedon Town Council also provided financial support.

A community share offer also raised £250,000 from 1,300 members of the public.

The pier, the only fully operational Grade 1-listed pier in the country, opened in 1869 and was described by poet Sir John Betjeman as ‘the most beautiful pier on the coast of England’.

It partially collapsed in 1970 during a load test but local residents helped save it from demolition by going to a public inquiry.

Clevedon Pier Trust was formed in 1981 to repair and rebuild the whole pier, with a mandate to reinstate two missing spans and refurbish the entire structure.

It reopened in 1989, and further restoration was completed over the next nine years, leading to its being named Pier of the Year in 1999.

In 2011 the Trust launched a major project to re-structure the business and build the new visitor centre to secure the long-term financial future of the Pier.

Work began in 2014 and excavation was more difficult than expected.

A decision was made early on to keep the pier open while building work took place and the temporary walkway became an attraction in itself.

A new team has been brought in, including the business manager, a
Artists exhibit work inspired by Marine Lake

The open waters of Clevedon’s Marine Lake are the inspiration for a new art exhibition in the town.

Hidden Depths is an exhibition of work inspired by the lake to mark its £850,000 restoration last year.

The exhibition includes four featured artists and several guest artists, including White Dove Photography and Community Art, associated to Marine Lake and the Tides Festival.

Artist Nancy Farmer said: “I love Marine Lake, it’s very special. “It’s the place where I first seriously got into open water swimming and from this sprang a spontaneous series of drawings about the nature of swimming outside.”

The exhibition can be seen in the Oak Room, at the Curzon Cinema, from now until Friday 29 July.

It is open 10am to 2pm Tuesday to Saturday, and also when the cinema is open for film screenings.

For more information on room hire or event bookings, email enquiries@clevedonpier.com or call 01275 878 846 • www.clevedonpier.co.uk
A range of projects are now under way in the town centre to attract more people to live there, which in turn will boost demand for shops and services, and develop a more thriving and vibrant local economy.

Life takes a look at the latest developments…

University town

Development of Weston College’s flagship Law and Professional Services Academy and University Centre means Weston is set to become a thriving university town.

In April, the Local Enterprise Partnership confirmed its multi-million pound funding for the college to create a ‘learning village’ model in Weston, based in the Winter Gardens and former Arosfa Hotel.

As part of North Somerset Council’s continued support and match-funding for the new academy, the Winter Gardens has now transferred to the college.

This will give the landmark seafront building a new lease of life, bring significant numbers of new students into the town, provide new learning opportunities, as well as 35 new jobs.

The iconic ballroom will be restored to its former glory and continue to be available for community use.

Leisure and entertainment

National restaurant and leisure chains will provide year-round entertainment for residents and visitors at the new Dolphin Square development.

Building work continues at a rapid pace with the steelwork construction nearing completion.

The complex is expected to open next summer and create 300 jobs.
**Housing**

A host of sites across Weston-super-Mare’s town centre are now being unlocked for development.

In February, North Somerset Council confirmed that developing thriving town centres was a key ambition in their corporate plan and within a few months this is already becoming a reality.

The council is kick-starting the housing-led regeneration by developing modern apartments on the site of the police station and former magistrates court, which have now transferred to the council’s ownership.

North Somerset Council works closely with the Homes and Communities Agency (HCA) and last year the Government announced Weston town centre was one of 20 locations outside London to be designated as a Housing Zone.

This means it is a priority area for funding and the HCA has now invested in numerous major sites.

Sites to be developed include Locking Road car park; the former Avoncrest site between Flowerdown Retail Park and Winterstoke Road; and the final phase of Dolphin Square including the former Sands nightclub site and Oxford Corner restaurant.

The council is also working to improve the condition of existing local housing.

A licensing scheme for private rented housing is under development, which will require landlords to meet certain standards.

Together with new, good-quality housing right in the heart of the town, this will provide opportunities for local people who want to buy their own home, as well as attracting new people to live there, and improving conditions for existing residents.

---

**The Centre project**

A Miami-style makeover has been given to a prominent building in Weston-super-Mare as part of a wider programme to make the town centre more attractive.

The 1930s building known as The Centre, opposite the Town Hall, has had repairs to its façade and a fresh coat of paint in a striking art deco style.

This work, along with planters and seating due to be installed outside the building in early July, will make a very visible improvement to an area which acts as a gateway to the town centre.

North Somerset Council has been working with the owners of all 17 units, traders and residents during the past few months to create a joint approach to improving the building and surrounding space.

Working collectively meant the work could be done more cost-effectively and enabled the owners to select a consistent colour scheme for the whole façade.

Improvements began in February when an unsafe steel canopy at the front of the building was removed.

Further enhancements will come this month when planters, seating and bike stands are installed outside the building.

This has been funded thanks to a £15,000 grant from the Department for Communities and Local Government through its pocket parks programme.

Planters have been made by Weston-based social enterprise Somerset Wood Recycling using locally-sourced recycled wood.

This includes surplus roof struts from the Haywood Village housing development and decking reclaimed from the re-building of the Grand Pier.

Pupils at nearby Walliscote Primary School are also being given the opportunity to get involved in the planting.

---
QED Advanced Systems was founded more than 30 years ago and now serves some of the world’s largest corporations through a network of global clients.

Life spoke to business development manager Andrew Fisher to find out more…

In a nutshell, what does the company do?
Quite simply, QED provide intelligent room and desk booking technology to help organisations improve productivity and reduce the cost of under-utilised office space.

Our ResourceXpress range of software and hardware provides real-time visibility of workspace status and availability, so businesses can operate more efficiently and use substantially less floor space. It can be operated at point-of-use or from familiar calendar and scheduling applications on PCs or mobile devices.

We have also developed Qubi, a unique booking device which can be used for managing flexible desks and break-out areas, or in meeting rooms as a check-in/check-out device with visual reminders of when a booking is ending.

How was the company established?
The company was established in the 1980s as a computer hardware maintenance and supply company, at premises in the Oldmixon estate in Weston-super-Mare.

This was a particularly challenging and fast-moving environment, as technology exploded onto the market throughout the late 80s and early 90s.

QED still has very strong customer support ethics born out of our early days and we believe this, coupled with our innovative technology solutions, keeps our customers happy and drives our continual growth.

How has it grown since then?
Naturally progressing from hardware, we began to focus on software support and development as an IBM (Lotus) Notes business partner, developing a number of useful business applications.

One of these was a room and resource booking solution which proved so successful we developed it to be used with all the leading calendar and scheduling applications. This application, ResourceXpress, now has our complete focus and is used by some of the worlds’ largest organisations.

Offices around the world are using their workspaces more efficiently thanks to systems designed and developed in Weston-super-Mare.
Where do you operate?

We still have our original unit in the Oldmixon estate. It has just undergone extensive refurbishment to become our central supply and support base for our worldwide customers.

This is supported by our development base in Chennai, India, and our new hardware supply and support centre in San Jose, California, for our growing North American customer base.

Recently we relocated our sales and marketing functions to The Hive, based in Junction 21 Enterprise Area. This gives us the flexibility to expand, while enjoying the excellent facilities and resources The Hive has to offer.

We’ve only been in our new offices for a few months but already we feel more part of the North Somerset business community and are enjoying the support of staff at The Hive and the benefits of networking with other tenants.

How does QED fit within the local economy?

Although our customer base is spread across the globe, we have a policy of trying to source and work with locally-based businesses first.

Our most successful business partner is Essential Computing based in Clevedon and one of our most valued suppliers is A Squared Electronics, in Weston Airfield Business Park. In the future we hope that being located in The Hive will help us expand and develop our local connections.

What are your biggest achievements?

With limited resources, developing Qubi on our own was a major achievement. All the design, research and development was done at our base in Weston-super-Mare. This unique product allows us to be flexible enough to meet the diversity of ever-increasing customer expectations and is allowing us to become proactive in delivering more innovative workspace management solutions.

What are your plans for the future?

We feel the next logical step for QED is to continue to innovate with both our software and hardware solutions, bringing our high support ethics to a broader market with innovative ideas and solutions to help businesses drive up efficiency and productivity.

The North American market harbours the best potential growth and expanding our engineering support to cover east and west coast USA will help us realise this.
Volunteers in North Worle and Wick St Lawrence are working with North Somerset Council’s community response officers in a pilot scheme to keep the area clean and free of dog mess.

The council has supplied volunteers with spray paint and flags to highlight any dog mess, as well as dog poo bags to hand out to owners who fail to pick up after their pets.

Hard-hitting posters have also been created, using words such as ‘disgusting’, ‘revolting’ and ‘gross’ with the message ‘dog poo can blind children’.

The scheme launched in May and volunteers cover a wide area, with particular focus around schools and play areas.

Results are already being seen and Nadine said: “We have had dog owners thanking us for our efforts.

“What we are doing is certainly having an impact and the area is cleaner already.”

Community response officer Sophie Cox said: “It is sending a clear message to the minority of dog owners who don’t clean up after their pets that it is not acceptable and will not be tolerated either by local residents or the council.

“We will be working early and late shifts and issuing fixed penalty notices if we witness any dog fouling.

“It blights many areas and we would be more than happy to join forces with volunteers in other local communities to help tackle the problem.”

Anyone who would like to set up a community-led scheme similar to this one, can contact North Somerset Council on 01934 888 802 or email community.response@n-somerset.gov.uk • Dog fouling can be reported online at www.n-somerset.gov.uk/Connect
North Somerset Council has agreed to take ownership of Portbury Wharf Nature Reserve in Portishead.

The nature reserve lies to the eastern edge of the town and was created by North Somerset Council to provide a green buffer between the Village Quarter housing development and the port.

Many paths have been created to access the area, with large pools, ponds and rhynes, and it is home to a variety of wildlife.

Volunteers meet regularly to help maintain the area and recent successes include installing natural fencing to protect breeding water voles.

Samantha Philips, natural environment officer from North Somerset Council, said: “Volunteers recently helped create natural barriers to protect the main rhyne habitat from curious dogs.

“The work proved fruitful straight away, with a water vole spotted enjoying the water in peace and quiet the same evening.”

Up until the end of last year, the site was managed by Avon Wildlife Trust (AWT).

Since then it has been maintained by North Somerset Council using its contractor Glendale.

By taking ownership of the site, the council will be better able to protect it from future development and ensure it is preserved as a nature reserve in perpetuity. It will also be able to cope better with the disruption caused by the Hinkley pylons and to maintain, and restore the area after the work.

The decision was confirmed in May, when councillors agreed to support a previous decision to adopt the land.

The council will officially take ownership of the site once a number of issues are resolved.

Any local people who would like to get involved in the ongoing maintenance of the site can contact Samantha Phillips on samantha.phillips@n-somerset.gov.uk or 01275 888 930.
North Somerset Council is working with Alliance Homes to deliver a new extra care housing development which is due to open this winter.

Tamar Court, in Worle, near Weston-super-Mare, is designed for older people who may have care and support needs but do not want to live in a residential home.

Extra care housing allows residents to maintain their privacy and independence in a safe environment. Residents have their own completely self-contained apartment, with its own front door.

Professional care is provided by an on-site care team, and residents have access to a wide range of shared facilities and activities.

There are several extra care housing developments already open in North Somerset, including Lakeside Court in Worle.

Resident Joyce Hill, aged 92, has lived there for 10 years.

She said: “It’s not a nursing home. It’s not that kind of place. It’s your own home, just with some extra care when you need it.

“It’s the best of all worlds. Everything you need with the freedom to come and go as you wish. I can pop over to the shops using my mobility scooter if I need anything, and I have my own kitchen, fridge and stove for making snacks.

“My flat has a little garden just outside and I like to sit out there with a couple of friends from upstairs when the weather’s nice.

“We have regular quizzes, coffee mornings and outings. I can use the beauty salon and laundry whenever I want and I eat in the restaurant every day.

“The carers are all lovely and the manager is brilliant at sorting things out if I need some extra help. I would always recommend extra care housing to anyone thinking about their future needs.”

Tamar Court will have 65 one and two-bedroom apartments, which can either be rented through North Somerset Council or bought under a shared ownership scheme from Alliance Homes, all finished to the highest standard and offering a range of facilities.

Steve Chinn, managing director of Alliance Homes and Alliance Living, said: “Tamar Court is a stylish development and has been designed for comfort and security.

“It is in an ideal location to continue living an independent lifestyle, located in a pleasant residential area near to the local shops, with local facilities including a doctor’s surgery and bus stops within a 10-minute walk.”
Every apartment at Tamar Court includes:

- Kitchen with sink, oven, grill, hob
- Double bedroom
- Fully accessible shower room
- Living-dining room
- Underfloor heating
- Terrace or balcony

Plus access to shared facilities including:

- Secure entry system
- Restaurant
- Communal lounge on each floor
- Pamper room
- Extensive gardens
- Lifts
- Parking
- Bike / scooter store
- Organised events and activities
- Gardening room
- Guest room

Waiting list

If you or someone you know are interested in finding out more about renting an extra care housing apartment at Tamar Court, contact Care Connect on 01934 888 801 or email care.connect@n-somerset.gov.uk

For more information about buying a shared ownership apartment at Tamar Court, contact Helen at Alliance Homes on 01275 398 422 or visit www.alliancehomesgroup.org.uk

Extra care housing developments in North Somerset

Four other extra care housing developments already exist in North Somerset to provide older people with the opportunity to continue living independently.

They are:

- Diamond Court, Worle: 53 one and two-bedroom apartments
- Lakeside Court, Worle: 33 one and two-bedroom apartments
- Sandford Station, Sandford: 108 units, including 20 one and two-bedroom apartments
- Waverley Court, Portishead: 60 one and two-bedroom apartments

Tamar Court, in Worle, is coming soon with 65 one and two-bedroom apartments. Register your interest by calling Care Connect on 01934 888 801 or email care.connect@n-somerset.gov.uk
Breastfeeding provides a lifetime of benefits for both mother and baby so wide-ranging support is available in North Somerset to help new mums.

Powerful evidence shows the many benefits of breastfeeding, including reduced risk of infections and obesity in later life, and building a strong emotional attachment.

It can be hard to establish though for new mums who are sleep-deprived, stressed or lacking in confidence.

In North Somerset, eight in ten women start breastfeeding their baby but by six to eight weeks, it has dropped to five in ten.

North Somerset Council wants to support mothers to make informed choices about infant feeding and remove the barriers that currently stop women from breastfeeding.

Research shows that the major reason women don’t want to do it in public is the reaction of others, and the lack of comfortable and accessible facilities.

To combat this, the Breastfeeding Welcome scheme has recently been relaunched in North Somerset.

The scheme encourages cafés, restaurants and community facilities to register their active support and welcome mothers who wish to breastfeed in their premises.

Venues can display a Breastfeeding Welcome logo, be listed on North Somerset Council’s family information website, and within a list of Breastfeeding Welcome venues which is given to more than 2,000 new mums each year.

Other initiatives have also been developed across North Somerset to increase support for breastfeeding.

Groups and drop-in sessions are provided in children’s centres throughout the area, along with additional telephone and social media support.

Trained volunteer breastfeeding peer supporters will also be on-hand at most groups.

These are mums with experience of breastfeeding who are trained to support other mums through listening, empathising and providing up-to-date information.

Pregnant women are also welcome to visit the groups in children’s centres to find out more about the benefits and practicalities of breastfeeding.

Support is also available through routine contact with midwives and health visitors.

To find out more about breastfeeding support available visit www.n-somerset.gov.uk/breastfeeding

Any businesses who would like to sign up to the Breastfeeding Welcome scheme can email breastfeeding.welcome@n-somerset.gov.uk
In May, a blanket ban on the majority of psychoactive drugs came into effect which means anyone found producing, supplying or importing the substances could face up to seven years in prison.

These drugs contain one or more chemical substances which mimic the effects of drugs such as cocaine and ecstasy but most have not been tested for human consumption so reactions are unpredictable.

Two years ago Weston-super-Mare had a big problem with these so-called legal highs.

In the most serious case, a young man cut his neck and pushed a knife through his arm.

Another young man cut his wrists with an electric carving knife, and a young man suffering from paranoia ran into his neighbour’s flat wielding a knife in front of a mother and her young children.

North Somerset Council’s Trading Standards team were alerted to this growing problem by Avon and Somerset Police and the two agencies worked together to tackle it, using consumer protection legislation.

Stuart Brown, principal trading standards officer, said: “Evidence was collated from police intelligence and the ambulance service.

“We also involved charities and voluntary organisations working with vulnerable groups such as the homeless or drug dependant, and we collected evidence from 26 witnesses.”

A total of 17 products were identified as potentially unsafe and were being sold by two shops in the town centre.

The shops were told to stop selling the products unless they could provide evidence that they were safe, which they couldn’t.

They continued to sell them though, so trading standards officers and police returned three times to seize the products.

The retailers were initially resistant to this approach and re-stocked but the persistence paid off in the end.

Stuart added: “As a result, one shop ceased trading and the other changed its use and stopped selling the products.

“Since then we have continued to monitor ‘legal high’-related incidents but they have now dropped to virtually nil.”

The new Psychoactive Substances Act 2016 applies to most substances intended for human consumption that are capable of producing a psychoactive effect.

Paul Bunt, Avon and Somerset Police’s drug strategy manager, said: “Anyone taking a psychoactive substance is playing Russian roulette with their health as many of these products have never been tested on humans.

“We are committed to reducing the harm caused by all drugs. This act now makes it much simpler to shut down these so-called headshops, as well websites trading in these drugs.”
Investment in roads

Improving road conditions

The condition of roads in North Somerset is among the best in the country according to a national report.

Last year North Somerset Council announced it would invest £40m over five years to maintain and improve the district’s roads.

This money is now paying off with the Department for Transport’s (DfT) most recent road conditions survey showing that, on average, roads in North Somerset are in a better condition than other areas of England.

Each year the DfT publishes its road condition report which looks at the percentage of roads in each local authority area in England that should be considered for maintenance.

The higher the percentage, the higher the number of roads that are in a poor condition and might need repairing.

In 2015, just one per cent of main A roads in North Somerset were in a condition where maintenance should be considered, compared to the national average of four per cent.

For minor B and C roads, the figure was five per cent, less than the national average of seven per cent.

For unclassified or U roads, the difference was even greater. Only nine per cent of North Somerset roads needed to be considered for maintenance, half the national average of 18 per cent.

A whole life approach

A whole life approach to maintaining roads has been adopted by the council.

This means the cost of maintaining a road over its lifetime is considered and treatments are carried out that offer the best value for money in the long-term.

It’s often cheaper to treat a road before it deteriorates to the point where it needs to be completely resurfaced or replaced, which is why you might see a ‘good’ road being repaired.

The surface might look okay but there may be structural issues below it which need addressing before it worsens and costs more to put right.

Resurfacing results

Additional investment means work can be carried out to improve the road and pavement network, as well as just preventing them from getting worse.

In 2012/13 just under 22km of roads were resurfaced but by 2014/15 this had nearly doubled to just over 40km.

There has also been a change in the type of roads being resurfaced. Work previously focussed on main A and B roads but now more C and unclassified roads are being done – those that link housing estates or villages to the main road network.

Plugging potholes

As well as extra money and a new strategic approach, smart gangs have also been introduced. These carry out high quality, urgent repairs on potholes across the district, operating on a ‘fix it once, fix it well’ notice.

Early signs show that this is working. In 2013/14, 3,994 potholes were reported and in 2014/15 this had decreased to 2,862 – a reduction of 28 per cent. The number of complaints about roads also fell from 5,758 to 3,832 during the same period.

Dredging the drains

The council is also responsible for keeping more than 37,000 gullies - or road drains - clean and clear.

A regular drainage programme means that all gullies on the public highway in North Somerset are cleared once a year.

Those in areas more prone to flooding are cleared twice a year. The council also investigates reports of blocked and damaged gullies, and aims to carry out urgent works within 24 hours.
Safety
Travel better

Investment in roads
That's 1 every 9 minutes
Assuming 253 working days per year and an 8 hour day

Potholes repaired
April 2016
1,134 potholes were repaired this month
That's the same as the distance between Sandford and Churchill
Assuming an average gully is 1m in depth

Gullies cleared
April 2016
1,906 gullies were cleaned this month
(89 per cent of those scheduled)
That's the same as 105.5 parking spaces
Assuming a parking space of 4.8m x 2.4m dimensions

Patching completed
April 2016
1,217 square metres of patching completed

Highway highlights

To report a road problem visit www.n-somerset.gov.uk/connect or call 01934 888 802
More than 184,000 waste and recycling collections take place in North Somerset every week.

Thanks to the efforts of local residents, North Somerset Council is achieving a recycling rate of more than 58 per cent, making it one of the highest performing unitary authorities in the country.

But have you ever wondered what happens to your recycling once it’s been collected from your kerb or dropped off at a recycling centre?

North Somerset Council has signed up to the ‘end destinations of recycling charter’, a voluntary commitment to publish information every year about where recycling goes.

Here is a snapshot:

**Food waste**

All food waste collected in North Somerset goes to an anaerobic digestion plant in Weston-super-Mare to be converted into energy and fertiliser. The plant has the potential to generate 500kW of electricity – enough to power up to 1,000 homes. Fertiliser is used in agricultural and land restoration projects.

**Garden waste**

All green waste is shredded at the waste transfer station in Weston-super-Mare before it’s taken to Wingmoor, near Cheltenham. Here it is turned into an agricultural compost.

**Plastic**

All plastic gets transported to Jayplas Recycling in Leicestershire and Roydens Swinton in Manchester. Plastic bottles are turned into pellets so they can be recycled into new plastic bottles. Other grades of plastic are shredded and sorted, then sold onto manufacturers and turned into items such as films, pipes and compost bins.

**Paper and cardboard**

Paper and magazines are transported to Palm Recycling in Norfolk where they’re pulped and turned into printing paper for national and regional newspapers. This process can take as little as one week.

Cardboard and cartons are taken to DS Smith in Kent and Edwards Waste Paper in Barking where they’re recycled to make more boxes, packaging and stationery.

**Glass**

Glass is cleaned, sorted into different colours, and taken to Recresco in Cwmbran, South Wales. Clear glass is also taken to Ellesmere Port in Cheshire and the Recresco site in Cardiff.
Metals

Steel cans are sent to Tata Steel South Wales, where they are made into products such as car doors, fridge panels, bikes, paperclips and new cans. Aluminium cans are transported to Novelis in Warrington, shredded and smelted into ingots. Each ingot can make about 1.5 million new cans.

Paint

Old paint is taken to either North Somerset Reuse Project at Congresbury or Safety Kleen in Bristol. Volunteers at the reuse project clean the paint and sell it on.

Textiles

All clothes, textiles and footwear are taken by Wilcox Textile reclaimers in Bilston. Most are exported abroad for reusing and the rest is recycled into rags and cloths.

General waste and refuse

Non-recyclable waste is treated in three ways - either made into fuel, biological treatment, or sent to landfill.

Data from 2014 shows that 32 per cent of this waste was processed into a refuse-derived fuel and sent to Europe to be burned for heat and electricity.

A further 26 per cent was sent for mechanical biological treatment and the remaining 42 per cent was sent to landfill sites in the UK.

It costs the council £105 to dispose of every tonne of waste and it’s estimated that about half of items put into black bins could be recycled.

If everything that could be recycled was, the council could save more than £1m a year.

So reducing your household waste by recycling, reusing and composting is not only good for the environment, it also saves you and the council money.

Paint

Old paint is taken to either North Somerset Reuse Project at Congresbury or Safety Kleen in Bristol. Volunteers at the reuse project clean the paint and sell it on.

Textiles

All clothes, textiles and footwear are taken by Wilcox Textile reclaimers in Bilston. Most are exported abroad for reusing and the rest is recycled into rags and cloths.

Waste electrical and electronic equipment

Domestic appliances, such as mobile phones and Toasters, go to EMR in Swindon or Gloucestershire. Here they are separated into individual parts to be reused in manufacturing.

Fridges and freezers are taken to EMR’s centre in Warwickshire where CFC gases are extracted and safely disposed of. The fridges and freezers are then broken down into parts and reused.

TVs and monitors go to Mekatek Business Group in Lantrisant, Wales. The machines are stripped down and parts are either safely disposed of or recycled and reused both here in the UK and abroad.

North Somerset Council’s contractor Kier is responsible for selling these materials and it keeps the income generated.

This was reflected within the contract, as an assumption of income is made to subsidise operational costs.

Commodity prices are volatile though so the contractor has to accept the good and bad times of material costs.

A new recycling and waste contract will start from March next year. This will have a risk share mechanism, a baseline set for selling materials and equally sharing profits and losses based on fluctuations from this baseline point.
Children’s Scrapstore, based in Weston-super-Mare, is a charity and social enterprise which opened three years ago after operating in Bristol for more than 30.

The organisation reuses waste materials from businesses to sell on as creative resources for play and every year it helps divert about 140 tonnes of waste that was destined for landfill.

Co-ordinator Laura Jones said: “Only suitable waste is collected and items are then made available to be recycled and reused by our members.

“The variety and quantity of resources are huge and the possibilities are endless.”

The Scrapstore is based at the Motex Centre, in Winterstoke Road, and since opening more than 300 local groups have made use of it, including nurseries, church groups, schools and drama clubs. Individuals can also sign up for membership.

Laura added: “I don’t think I will ever tire of seeing the excitement on customers’ faces when they discover this little-known gem of place.

“We truly can benefit our environment, our local community and our neighbours by getting behind this local project and we hope you will want be a part of our exciting future here in North Somerset.”

After paying a small membership fee members can visit the store and collect all the recycled resources they need for their activities at very low cost.

Any organisations that could donate resources, or anyone who could volunteer for a few hours each month, are also invited to get in contact.

Children’s Scrapstore: 01934 416 286 • www.childrensscrapstore.co.uk • /childrensscrapstornorthsomerset • Based at The Motex Centre, in Winterstoke Road, Weston-super-Mare. Open Mondays 11am-4pm, Thursdays 11am-5pm, Fridays 11am-4pm and Saturdays 11am-4pm
North Somerset Council was the first local authority to pilot a survey of children in care last year and it has now become a national project.

For this year’s survey, more than half of all looked-after children gave their views.

It focused on children’s wellbeing, happiness, educational progress and future aspirations.

The independent survey was conducted by the University of Bristol, along with Coram Voice and the Hadley Trust, and designed for children aged between four and 18.

Results show:

✓ 83 per cent of children and young people think their life is improving
✓ The majority enjoy school for most or some of the time – 90 per cent of four to seven year olds, 100 per cent of eight to 11 year olds, and 80 per cent of those over 11
✓ 90 per cent of children and young people said their carers show an interest in what they are doing at school and help them with homework
✓ All four to 11 year olds said they feel safe where they are living.

Chanel Cox, of North Somerset’s young people’s forum Ambitious Voice, said: “Being in care can be a lonely, confusing and difficult time, so it’s good to hear that so many vulnerable children and young people in North Somerset feel safe, supported and cared for.”

Results from the survey will be considered by the council’s children’s champions group, which aims to improve the journey of care for everyone.

Chanel added: “I hope that these results will help even more children have a good experience and Ambitious Voice will keep on speaking out for them.”

For more information contact Helen Caldwell, strategy and policy development officer, on 01934 634 579 or helen.caldwell@n-somerset.gov.uk

Could you foster? Contact the fostering team: 01275 888 999

www.n-somerset.gov.uk/fostering
North Somerset Council shares relevant information with partners to benefit the people at the receiving end of care as well as making it easier for those providing it.

The council has been working with neighbouring authorities and the NHS to improve this process.

Connecting Care has now been introduced to provide a single view of key information from organisations’ separate IT systems.

The system means help can be provided sooner, as there is more joined-up care and the council doesn’t have to keep providing the same information to different agencies.

As well as this, relevant information about individuals and families is exchanged within North Somerset Council’s children’s and adults’ support and safeguarding teams.

Information is shared between officers and the agencies responsible for care so that they have accurate and up-to-date information when organising support.

Sharing information without a person’s permission may need to be done if the law requires the council to do so, or if there is a risk of harm or abuse to the person or other people.

The council will let the person know they are doing this, unless it will harm a police investigation or put themselves or someone else at risk.

Personal information will be protected, and nobody will have access to it who shouldn’t have.

In some instances the length of time that information is stored is dictated by law.

Where it isn’t, the council won’t keep records any longer than it has to for normal business requirements.

To find out more visit www.n-somerset.gov.uk/informationsharing
Get vocal, be heard

Listening to residents’ views is an important part of the democratic process and North Somerset Council welcomes ideas to make things better.

While the council can’t act on every suggestion, it listens to feedback and will make changes where possible.

You said:

What are you doing to help the households who use plastic refuse bags for their waste? Seagulls rip them open and it looks a mess.

We did:

In streets where pavements are too narrow for wheeled collection bins, we realise refuse sacks are vulnerable to attack from seagulls.

The recycling and waste team is now conducting a two-month study to establish the state of the problem and to trial seagull-proof refuse sacks in Palmer Street, Weston-super-Mare.

So far, there has been a dramatic reduction in litter. This has improved the street scene, proved popular with residents, and reduced the amount of time the council’s street cleaners need to spend tidying up the mess.

If the trial is successful, the council will look into rolling it out onto other streets in the town centre.

You said:

I want to organise a litter pick in my local area. What can you do to help?

We did:

Volunteer and community groups who want to improve their neighbourhoods can now book a trailer full of tools and resources.

The trailer was recently used by Clevedon Civic Society to carry out a litter pick along the shoreline of Marshall’s Field.

The event was a success and a large amount of litter, mainly plastic, was collected.

To book the community clear up kit contact Glendale on 01934 611 450 or northsomerset@glendale-services.co.uk
Dear Editor,

I just wanted to say a very big thank you for the article you did for us about the new suicide support group [May/June issue].

I have had a lot of responses from people wishing to attend the group and also some people interested in becoming volunteers, so it was a huge success.

Penny Thomas
Group leader, Survivors of Bereavement by Suicide (SOBS)
Weston-super-Mare
07902 084 345
sobs.westonsupermare@gmail.com

Dear Editor,

We were delighted to see your double page spread on Volunteering Week [May/June issue].

Could I please bring readers attention to the incorrect phone number that was printed for Voluntary Action North Somerset, which runs the Volunteer Centre and weekly volunteering drop in at the Town Hall?

Our office number is 01934 416 486.

We’d like to say a huge thank you to all the volunteers who support Voluntary Action North Somerset and the organisations we work with for their time, knowledge, care and commitment.

During this year’s Volunteers Week we are launching our brand new website to match people to local voluntary opportunities. Take a look at www.vansweb.org.uk.

Lorna Muffett, programme and operations manager, Voluntary Action North Somerset

Send your items to
Editor, North Somerset Life
North Somerset Council
Floor 1, Town Hall
Weston-super-Mare, BS23 1UJ or email editor@n-somerset.gov.uk

@NorthSomersetC
NorthSomersetCouncil
NorthSomersetC

Items submitted without a valid name and address will not be considered for publication. Please tell us if you do not want your details published. Due to space restrictions letters may be edited.
Tide facts

Weather conditions which differ from the average will have an effect on the differences between predicted and actual tide times.

Strong winds can hold the tide in or push the tide out. Air pressure can also cause fluctuations in predicted levels.

Tidal predictions for Weston-super-Mare have been computed by the Proudman Oceanographic Laboratory.

Copyright reserved.

Tide timetables for Weston-super-Mare

Approximate high water times at:

- Clevedon: 10 min
- Portishead: 18 min
- Weston-Super-Mare:

<table>
<thead>
<tr>
<th>Date</th>
<th>High water</th>
<th>Low water</th>
</tr>
</thead>
<tbody>
<tr>
<td>Time</td>
<td>Height</td>
<td>Time</td>
</tr>
<tr>
<td>AM</td>
<td>Time</td>
<td>Height</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1 Fri</td>
<td>04:24</td>
<td>10:55</td>
</tr>
<tr>
<td>2 Sat</td>
<td>05:30</td>
<td>10:99</td>
</tr>
<tr>
<td>3 Sun</td>
<td>06:30</td>
<td>11:44</td>
</tr>
<tr>
<td>4 Mon</td>
<td>07:22</td>
<td>11:30</td>
</tr>
<tr>
<td>5 Tue</td>
<td>08:10</td>
<td>12:02</td>
</tr>
<tr>
<td>6 Wed</td>
<td>08:54</td>
<td>12:09</td>
</tr>
<tr>
<td>7 Thu</td>
<td>09:37</td>
<td>11:55</td>
</tr>
<tr>
<td>8 Fri</td>
<td>10:18</td>
<td>11:58</td>
</tr>
<tr>
<td>9 Sat</td>
<td>10:57</td>
<td>11:04</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Date</th>
<th>High water</th>
<th>Low water</th>
</tr>
</thead>
<tbody>
<tr>
<td>Time</td>
<td>Height</td>
<td>Time</td>
</tr>
<tr>
<td>AM</td>
<td>Time</td>
<td>Height</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10 Sun</td>
<td>11:35</td>
<td>10:41</td>
</tr>
<tr>
<td>11 Mon</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>12 Tue</td>
<td>00:29</td>
<td>9:74</td>
</tr>
<tr>
<td>13 Wed</td>
<td>01:19</td>
<td>9:24</td>
</tr>
<tr>
<td>14 Thu</td>
<td>02:22</td>
<td>8:93</td>
</tr>
<tr>
<td>15 Fri</td>
<td>03:32</td>
<td>8:99</td>
</tr>
<tr>
<td>17 Sun</td>
<td>05:32</td>
<td>10:01</td>
</tr>
<tr>
<td>18 Mon</td>
<td>06:22</td>
<td>10:12</td>
</tr>
<tr>
<td>19 Tue</td>
<td>07:07</td>
<td>11:08</td>
</tr>
<tr>
<td>20 Wed</td>
<td>07:49</td>
<td>11:45</td>
</tr>
<tr>
<td>21 Thu</td>
<td>08:31</td>
<td>11:75</td>
</tr>
<tr>
<td>22 Fri</td>
<td>09:12</td>
<td>11:96</td>
</tr>
<tr>
<td>23 Sat</td>
<td>09:53</td>
<td>12:02</td>
</tr>
<tr>
<td>24 Sun</td>
<td>10:36</td>
<td>11:83</td>
</tr>
<tr>
<td>25 Mon</td>
<td>11:18</td>
<td>11:40</td>
</tr>
<tr>
<td>26 Tue</td>
<td>11:59</td>
<td>12:14</td>
</tr>
<tr>
<td>27 Wed</td>
<td>00:33</td>
<td>10:68</td>
</tr>
<tr>
<td>28 Thu</td>
<td>01:33</td>
<td>10:15</td>
</tr>
<tr>
<td>29 Fri</td>
<td>02:46</td>
<td>9:88</td>
</tr>
<tr>
<td>30 Sat</td>
<td>04:02</td>
<td>9:99</td>
</tr>
<tr>
<td>31 Sun</td>
<td>05:16</td>
<td>10:43</td>
</tr>
</tbody>
</table>

Contact the council

www.n-somerset.gov.uk

Report it. Request it. Pay for it.
www.n-somerset.gov.uk/connect

8am – 6pm Mon – Fri
Council Connect for all streets and open spaces enquiries: 01934 888 802
Care Connect for all social services enquiries: 01275 888 801
care.connect@n-somerset.gov.uk

Main switchboard:
01934 888 888
Emergency (out of hours):
01934 622 669

North Somerset Council
Town Hall
Weston-super-Mare BS23 1UJ