

Community Meals Assessment Criteria

Unable to cook or prepare food due to:

Physical disabilities

- Frailty
- Excessive pain
- Recovery from broken bones
- Risk of falling eg balance, dizziness, weakness
- Various debilitating medical problems
- Loss of appetite
- Hospital discharge following illness
- Self neglect

Mental disabilities

- Confusion due to dementia, Alzheimers, illness
- Self neglect/forgetting to eat
- Depression
- Learning disabilities
- At risk of fire/gas accidents
- Alcohol and drug abuse

Living conditions

- Temporary loss of cooking facilities eg refurbishment/redecoration
- Unhygienic kitchen conditions
- Dirty conditions causing risk of fire/slippery floors
- Respite cover/support for carer

General vulnerability and in need of regular welfare check.