

Library News

From the For All Healthy Living Centre

No.3 September 2011

Summer Reading Challenge

Every year, North Somerset Libraries take part in the national summer reading challenge which encourages children to read stories during the holidays, gaining stickers and incentives along the way.

This year's library summer reading scheme, Circus Stars, will be coming to an end on 18th September. For those of you with children who signed up there is now only one week left to complete the challenge.

Remember: to be in with a chance of winning tickets to the Playhouse and to receive your Circus Stars medal, all six books need to be completed!



Last year 144 children signed up in the FAHLC library and 58 children completed the challenge. This year we'd love to beat those numbers!

There's still time to sign up, all you need to do is come along the Healthy Living Centre Library and speak to the staff. Don't forget, you can also sign up in any North Somerset Library.

Healthy Chocolate!!

Visitors to the Chocolate Garden had the opportunity to try out hula-hoops, watch a cookery demonstration and have a go at willow weaving as part of a recent fun health event.

FAHLC Health Trainers, the FAHLC library staff and South Ward Neighbourhood Management Team arranged a number of fun activities along with information on healthy lunchboxes and health activities in the area.



The end of a busy day!

Over 60 residents visited the event on the day, with a brave few taking part in the library Wii Fit challenge.

Winner of the Wii fit challenge was James Dedicoat who received a DVD voucher from North Somerset Libraries.

Well done to everyone who took part!

The Gift

*I asked what I could give my friend,
A present bright and new?
I asked if there was 'something'
But something wouldn't do*

*I searched the shops
In and out of doors
And trudged many carpeted floors
walked many miles, of crowded isles
But nought could I find
To raise one of your smiles*

*Then it came to me quite suddenly
In a great big blinding flash
It was very simple really
Might event 'cut a dash'!*

*She'd told me what she wanted
Perhaps I didn't really hear
So here's my gift to my best mate
Be sure to keep it near*

*It's full of peace and quiet
A gift that's really rare
Just a tiny little something
To show how much I care*

*By Viv,
A member of the library Chatter-Books group*

We'd love to print your pictures, stories and poems (200 words or less). Please send them to the library by Friday 21st October for your chance to be published in the next newsletter. All ages are welcome.

Library Closure

All North Somerset Libraries will be closed on Wednesday 19th October due to staff training. Books can still be returned the FAHLC library via the 'book drop' cabinet which will be in front of the library doors.

Alternatively you can renew your library books over the phone on by calling 0845 002 0777 (This is an automated, local rate 24 hour service) or online at www.librarieswest.org.uk (You will need your PIN for either of these services).



Starting in September.....

Bookstart Rhymetime

Stories, nursery rhymes, music and more!

Free weekly drop in sessions for parents and carers with children aged from birth to 2 years

Every Thursday
11.00am – 11.30am (term time only)

Chatter - Books

Every Tuesday 10.30am – 11.45am
(Term time only)

An adult reading group with a difference!

Tea, coffee, stories and chat....
Open to everyone

Computers for the Terrified

Baffled by the internet?

Need advice on buying a computer?

Not sure how to use a keyboard?

A free three week course starting on Tuesday 8th November offering help and advice to adults of all ages

Sessions must be booked in advance.

All the sessions shown above are open to everyone and are free. Please contact the library for more information.

Library Computer Access

Due to essential maintenance, there will be no computer access in any North Somerset Library for one week from 3rd October.

Mobile Library



If you are unable to visit the FAHLC Library in person, don't forget that the North Somerset mobile library stops in the South Ward area every month at the following times:

- September 16th and 30th
- October 14th and 28th
- November 11th and 25th
- December 9th and 23rd

Coronation Estate **2.00pm - 3.30pm**
Aller Parade, Oldmixon **3.35pm – 5.05pm**

The mobile library has a lift to aid access to the vehicle – just ask the staff for help.

If you already have a library card from North Somerset or any of our neighbouring Authorities, you can use it on the mobile library.

End of Year Boot Sale

Every month since the summer the FAHLC volunteers have been running a Friday evening boot sale in the HLC car park.



Friday 7th October will see them organising their last boot sale of 2011 and they would love to see lots of local people supporting them.

Come along and sell some of your unwanted items or pick up a bargain!

5pm – 7pm (sellers from 4.30pm)
01934 427426 Stalls cost £6

Let's talk about...

Parkside Café



A public meeting to talk about the café

At the For All Healthy Living Centre

Wednesday 14th September 4pm - 5pm

Friday 16th September 10am - 11am

All welcome

Christmas is coming.....

Yes, it's nearly that time of year again and the FAHLC staff and volunteers are already planning this year's 'Christmas Winter Warmer!'

The event will take place on Thursday 15th December in the FAHLC and will feature many of the usual Christmas traditions plus a few new ones! Why not come along and join us from 3pm, we'd love to see you there.

For All Healthy Living Centre Library

68 Lonsdale Ave
Weston-super-Mare
BS23 3SJ

Phone: 01934 426111

Email: hlc.library@n-somerset.gov.uk



Stop Press * Stop Press * Stop Press * Stop Press * Stop Press...



Join the Community Big Draw, get arty and have some fun!



Creative Well-being Day



11am – 3pm

Wednesday 26th October

in the HLC



Fun and practical advice about maintaining an active and healthy lifestyle

PLUS

Information about work and training opportunities



Keep fit at 1.45pm – 2.45pm in the Community Hall a mixture of Aerobics, Pilates and relaxation. £2.00 per session, turn up on the day or talk to the FAHLC Health Trainers.